Cybersecurity: Seven Steps for Boards of Directors

The Guide to Effective Cyber Risk Oversight

BY **ANDY BROWN & HELMUTH LUDWIG**

Cybersecurity: Seven Steps for Boards of Directors

The Guide to Effective Cyber Risk Oversight:
From Board Members for Board Members

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About the Authors

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Foreword

By David G. DeWalt

Welcome to the book "Cybersecurity: Seven Steps for Board Members". I am honored to introduce you to the world of cybersecurity and its significance in today's digital landscape. My name is Dave DeWalt, the founder and CEO of NightDragon, a venture capital firm focused on the cybersecurity, safety, security and privacy market, and former CEO of FireEye, McAfee and Documentum. Additionally, I am a member of the President's National Security Telecommunications Advisory Committee (NSTAC) and Vice Chair of the CISA Cybersecurity Advisory Committee (CSAC).

I am an experienced cybersecurity leader and board member with a deep understanding of the challenges faced by organizations, governments and critical infrastructure in securing their digital assets. With this book, Andy & Helmuth share their first-hand knowledge and expertise as both practitioners and board members to help other directors navigate the complex realm of cybersecurity. Similar to myself, Andy and Helmuth both have strong reputations in cybersecurity both from the operational roles they played, and now as board members of public and private companies.

In recent years, we have witnessed a surge in cyberattacks that have targeted organizations across various industries. From high-profile data breaches to ransomware attacks, these incidents have highlighted the critical importance of robust cybersecurity measures. This book explores real-world examples of cyberattacks and their consequences, providing valuable insights into the evolving threat landscape, and defense strategies that can be employed.

As the highest level of oversight, board members play a pivotal role in ensuring effective cybersecurity practices within their organizations. By actively engaging in cybersecurity policy discussions and decision-making processes, board members can help establish a culture of security and resilience and help ensure the organization is best prepared to mitigate rising cyber risk. This book will guide board members on their journey towards becoming proactive advocates within their organization, as well as the broader industry.

Throughout my career and leading response efforts for thousands of incidents, I have witnessed firsthand the devastating impact of cyberattacks on individuals and organizations. These experiences have reinforced my belief in the need for continuous education and awareness regarding cybersecurity, both for the board of directors and other executive leaders.

I hope that "Cybersecurity: Seven Steps for Boards of Directors" serves as a valuable resource for board members seeking to enhance their organizations' cybersecurity practices. Together, let us embark on this journey towards a safer digital future.

David G. DeWalt

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Introduction

Cybersecurity is mission–critical for all companies, large and small, privately held or publicly traded, and boards of directors have the fiduciary responsibility to assure that their organizations are well protected. To guide all board members on this journey, we have developed a seven–step process relevant to board members that covers key cybersecurity topics for managing cyber risk.

As a board member, your role centers on overseeing enterprise risk (including cyber, but also operating risk, credit risk, market risk, etc.). Managing cyber risk requires understanding fundamental factors that influence and affect your organization's exposure to cyberattacks. Regulatory pressures, technical challenges, organizational culture, and business partnerships all directly impact your organization's cyber risks. This book comprehensively looks at various elements to consider when assessing, managing, and acting to improve your organization's cyber risk.

Cybersecurity may have served as a mere component of risk oversight in the past, but it has climbed the ranks of important risks on both the probability and impact scales. Cyberattacks have not only become omnipresent, but have also created severe financial loss in addition to significant reputational damage.

"It's easier to fool people than it is to convince them that they have been fooled."

Mark Twain

Directors' Duty of Care

The Caremark[1] ruling, also known as the Caremark doctrine, is a legal standard that sets forth the responsibilities of corporate directors regarding oversight of a company's compliance and risk management. It requires directors to establish and maintain a system of internal controls and reporting mechanisms to monitor and address legal and regulatory compliance.

This law provides a reference to the obligations board members have in the area of cyber risk oversight and could determine (1) whether the board "utterly failed" to implement a system of cyber controls, or (2) whether the board consciously or knowingly failed to respond to red flags or discharge their responsibilities within that system.

While recent attempts to leverage the Caremark law with a board's failure of action have been denied, this may change. Impending legislation on cyber transparency and increasing cyber incident impacts, at times on a major global scale, have expanded the potential for future board liabilities.

Cyber risk can be assessed in three areas:

- The amount of risk that can be accepted by the organization (acceptable loss)
- The amount of risk that can be transferred to a third party through cyber insurance
- The amount of risk that can be mitigated with investments in cybersecurity technology, training, etc.

While this publication focuses mainly on the board's role in risk mitigation, you, as a board member, also play an important role in determining acceptable loss and creating risk transference strategies.

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1   In re Caremark International Inc. Derivative Litigation. (2021, December 29). In Wikipedia. https://en.wikipedia.org/wiki/In_re_Caremark_International_Inc._Derivative_Litigation

Figure O1: Organizations have strategic options when handling cyber risk.

Today, directors should expand their knowledge and understanding of their own organization's cyber risks and current cyber positioning and proactively ensure that executive management takes action.

How did we get here?

Information technology, and an organization's need to use it to stay competitive, has become increasingly complex over time. Cybersecurity has likewise followed suit, becoming more complicated in the quest to defend enterprises where employees, applications, and data can be anywhere. Technology such as end-user computing, cloud, and data centers became a major focus, along with the firewalls, proxy servers, and data loss prevention engines meant to protect those assets.

Due to these developments, a leadership role of ever-growing importance has emerged: the Chief Information Security Officer (CISO). The CISO's ultimate responsibility is protecting and setting policies for an organization's people, computer hardware, software, and information assets. This security-specific focus caused the CISO role to begin separating from IT and the rest of the executive team and board.

From 2007 onwards, technology's pace quickened with the launch of the cloud. Market share and investment slowly moved away from in-house data centers to Infrastructure as a Service (IaaS) vendors such as Amazon Web Services (AWS), Google's Cloud Platform (GCP), and Microsoft Azure. At the same time, organizations started to adopt Software as a Service (SaaS) platforms, with companies such as Microsoft, Google, Salesforce, Workday, and Zoom.

Price, time to market, developer productivity, and the ability to leverage massive computing capability were the biggest drivers behind cloud adoption. This gave organizations a competitive advantage in the market but resulted in their data being distributed across their data centers, IaaS/SaaS solution providers, and across multiple geographic locations.

From a cybersecurity perspective, this created a major organizational risk, as data had to be protected everywhere it was located. Many cloud services and platforms also have data-sharing capabilities that require enforcement. Traditional network and security architectures didn't evolve fast enough to manage cyber risk in this new world.

As a result, there have been several very public, well-publicized breaches and information disclosures due to the new technological advancements. Some have resulted in firm enforcement actions, such as successfully prosecuting[2] ex-Uber CISO, Joseph Sullivan[3]. Similar moves by the SEC have been taken against the CISO of SolarWinds[4] following its breach in 2020. Today, legal culpability for complex security issues is creating significant consternation and worry across the industry, particularly for CISOs and board members. The SEC issued a ruling in July 2023 formalizing what is required in the event of cyber breaches.

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2 (2023, May 5). Former Chief Security Officer Of Uber Sentenced To Three Years' Probation For Covering Up Data Breach Involving Millions Of Uber User Records. United States Attorney's Office Northern District of California. https://www.justice.gov/usao-ndca/pr/former-chief-security-officer-uber-sentenced-three-years-probation-covering-data

3 (2023, May 5). Uber's Ex-Security Chief Leaves Court With No Jail Time for Covering Up Massive Hack. Gizmodo. https://gizmodo.com/uber-security-joe-sullivan-sentenced-prison-data-breach-1850403347

4 Substack (2023, June 28). SEC Targets SolarWinds' CISO for Rare Legal Action Over Russian Hack. Zetter.Substack.com. https://zetter.substack.com/p/sec-targets-solarwinds-ciso-for-possible

SEC's Ruling on Cyber Disclosure

On July 26, 2023, the SEC issued a ruling[5] on cybersecurity, requiring the following from public companies (after a transition period):

- Disclosure on any cybersecurity incident that is determined to be material
- Description on the material aspects of the incident's nature, scope, and timing
- Declaration of the material impact, or reasonably likely material impact, on the company

This would be due four business days after a company determines that a cybersecurity incident is material, but can be delayed if there is a substantial risk to national security or public safety. This would be determined by the United States Attorney General.

In addition, the ruling requires disclosure of the relevant expertise of company management that is responsible for assessing and managing material cyber risks. Finally, the rule requires periodic disclosures about a company's processes to assess, identify, and manage material cybersecurity risks, which includes both the role of management and oversight provided by the board of directors.

The need to better understand the risk exposure, mitigating investments, and timescales for completion have become required topics on board meeting agendas. For some cyber–forward boards, cyber risk oversight has become more formalized, with some companies creating dedicated audit committees or task forces to focus specifically on cyber risk or broader risk management. These committees may include board members with expertise in technology, risk management, or cybersecurity, and external advisors such as cybersecurity consultants or legal experts, who may also be responsible for process maturity assessment.

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5   SEC (2023, July 26). Securities and Exchange Commission, Cybersecurity Risk Management, Strategy, Governance, and Incident Disclosure, Final Rule. www.sec.gov. https://www.sec.gov/files/rules/final/2023/33–11216.pdf

To balance ownership with the CISO, in some organizations there is also a Chief Risk Officer (CRO) who is responsible for security policy. In turn, the CRO or CISO's role is executing on cybersecurity policy. The board members are then responsible for ensuring that special roles in the company (such as the CISO and CRO) have dual reporting lines inside the organization and directly to a board committee. Typically, the CISO/CRO will provide quarterly updates to the Audit Committee, while the CIO will update the entire board yearly.

In addition, the internal audit and compliance (legal) functions within an organization can also help with managing cyber risk. These functions can ensure that the company is complying with legal and regulatory requirements as they relate to cyber and identify any risks or weaknesses in the company's internal controls.
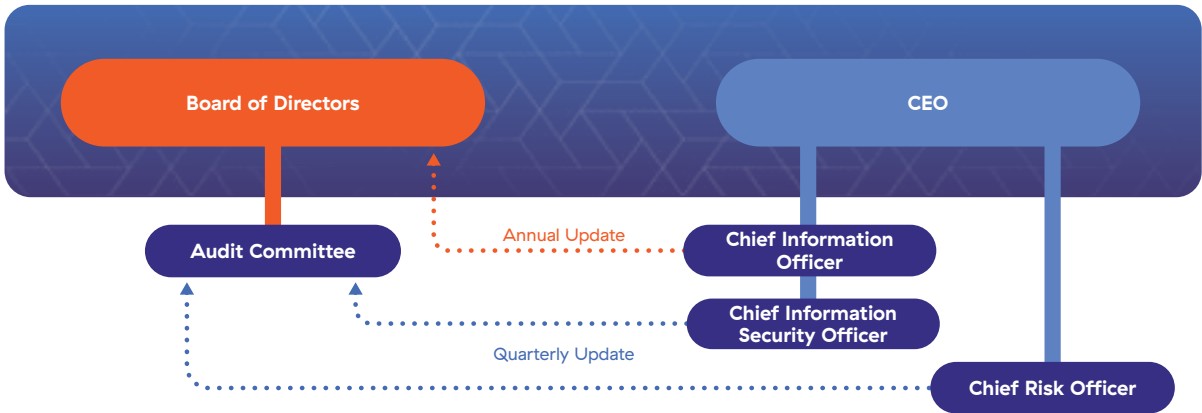
Figure O2: Functional relationships between the board and executive management.

With this brief background, what will help you successfully manage your organization's cyber risk? This publication breaks the answer into seven steps and explains, in detail, the promise of zero trust architectures that have been proven to provide excellent risk mitigation. In addition to risk mitigation, zero trust architectures also improve usability while reducing technology costs.

Seven Steps for Corporate Boards
to Manage Cyber Risk

1 Get on "Board"
2 Prioritize
3 Assess
4 Understand Technology
5 Address Non-technology Factors
6 Overcome Obstacles
7 Measure & Repeat

STEP

1
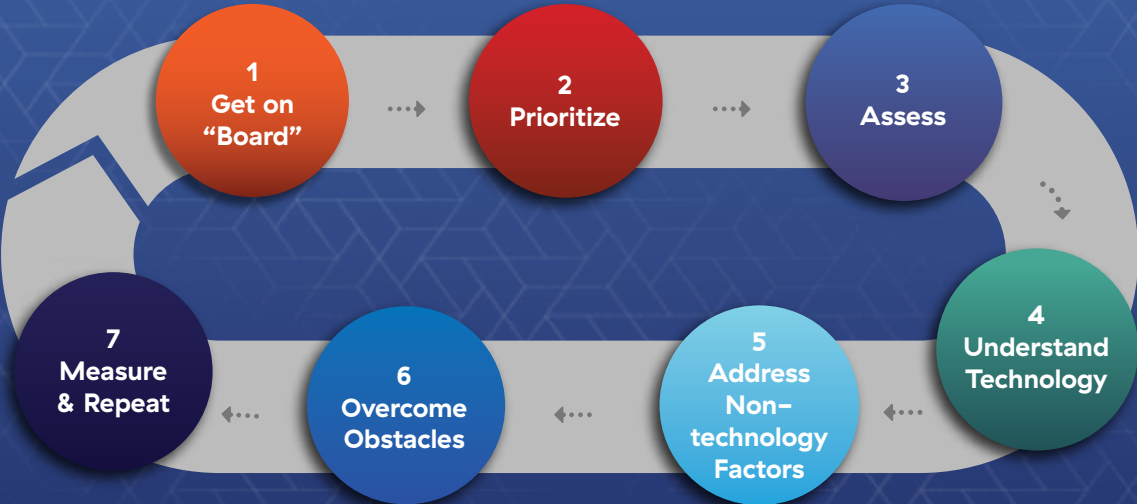
Get on "Board"

The role of board members in managing cyber risk

Why is this step important?

Boards play a major role in ensuring cyber risk is managed. Given the dynamic nature of technology, this is an ongoing effort that must continuously improve over time. Cybersecurity gaps and vulnerabilities create regulatory, criminal, legal, and brand risks, all of which need to be understood and overseen by the board. Somewhere in the world, cybercriminals are planning an attack on your company. They may target intellectual property, competitive intelligence, or information that can be used for fraud, blackmail, or extortion. By focusing on cyber risk (through transparent reporting on operational and financial impacts), you and your fellow directors can better understand your organization's technology–driven risk exposure.

What should the board do?

Your role in the oversight and governance of data and IT systems is key to your organization's success. First, get a baseline understanding of your organization's technical capabilities and processes. This will help you make informed decisions when prioritizing and allocating cybersecurity investments. You will also become better at risk oversight as you learn more about the legislative and regulatory framework associated with cyberattacks.

Evaluate your organization's exposure to cyber risks and assess its risk posture when setting the spending levels and relative priorities of investments. Focus on cybersecurity as a part of the broader risk agenda. Your role with cybersecurity needs to start before any major

> **Cybersecurity gaps and vulnerabilities create regulatory, criminal, legal, and brand risks, all of which need to be understood and overseen by the board.**

cyber incident to ensure your organization is adequately protected and prepared. No one wants to wait until an incident is occurring to get involved. The most effective steps you can take to reduce your organization's cyber risk need to be put in place before an attack.

Consider preventative steps you can take now that will benefit your company, customers, employees, and shareholders in the event of a major cyber incident:

- Ensure there is direct accountability for cyber risks from an executive, leadership, and board perspective
- Know how each incident will be dealt with and communicated
- Verify security incident preparedness exercises and tests occur through simulation of actual incidents

The CEO has the ultimate responsibility for the success of the company, and this includes managing cyber risks. They may delegate certain tasks to key company roles, e.g., the CRO and CISO. However, since cyber risks can come from any part of the organization, other structural support needs to exist. Create a culture where every team member is aware of cybersecurity risks and adequately trained.

The board's role is to manage risk in order to ensure that business can be conducted in a secure manner. Cybersecurity is interwoven throughout all the risk areas that concern the board. Cyber risk oversight impacts everything from the company's growth to its stability. Cyber threats can impact its reputation and have geopolitical implications, as well as result in legal and regulatory complications. As boards cover the enterprise risk management framework and policies, they own the responsibility to uphold the internal controls of risk management, including those created by cyber.

It is also very likely that boards will be expected to have cybersecurity experts among their members and a firm grasp of the core tenets of security and risk. With any cyber strategy,
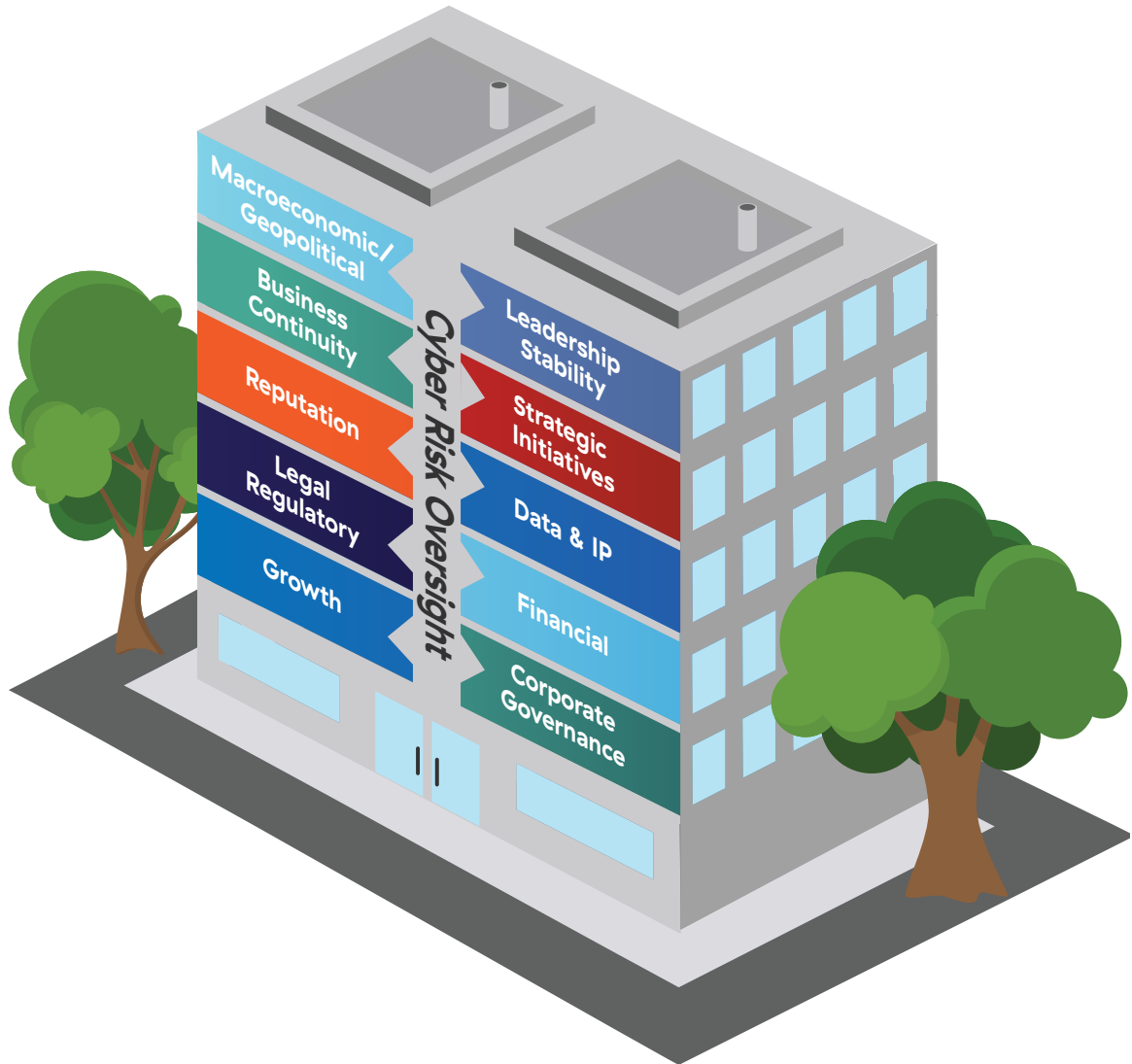
Figure O3: Proper cyber risk oversight cuts across every functional area that the board oversees.

it is important for board members to understand the process maturity of the organization they serve. Many companies now have their expertise assessed annually or regularly against the US Government's National Institute of Standards and Technology (NIST)[6] framework.

6   National Institute of Standards and Technology (2023, August 17). NIST https://www.nist.gov/cybersecurity

Typically these assessments are run by external parties such as PWC, EY, Accenture, etc., and often include comparisons against industry peers. As noted above, the SEC also requires periodic disclosure on the processes in place for management and the board to assess and manage cyber risks.

Additional Guidance

The National Association of Corporate Directors (NACD) has published six principles that outline cyber risk management for boards in their publication titled 2023 Director's Handbook on Cyber–Risk Oversight.[7] This handbook centers around the following six themes and directives:

O1   Cybersecurity as a strategic business enabler

O2   Understanding the economic drivers and impact of cyber risk

O3   Aligning cyber risk management with business needs

O4   Ensuring organizational design supports cybersecurity

O5   Incorporating cybersecurity expertise into board governance

O6   Encouraging systemic resilience and collaboration

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NACD

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7   This publication is designed to provide authoritative commentary in regard to the subject matter covered. It is provided with the understanding that neither the authors nor the publishers, the National Association of Corporate Directors and the Internet Security Alliance, is engaged in rendering legal, accounting, or other professional services through this publication. If legal advice or expert assistance is required, the services of a qualified and competent professional should be sought.

Key Takeaways

Seven Steps for Corporate Boards to Manage Cyber Risk

1 Get on "Board" → 2 Prioritize → 3 Assess → 4 Understand Technology → 5 Address Non-technology Factors → 6 Overcome Obstacles → 7 Measure & Repeat

- Boards play a major role in overseeing cyber risk. They should better understand the technology–driven risks facing their organization and provide oversight.

- Boards should get a baseline understanding of their organization's technical capabilities and processes. This will help inform cybersecurity investment decisions.

- Boards should evaluate their organization's cyber risk exposure when setting spending priorities. Focus on cybersecurity as part of the broader risk agenda.

- Preventative steps like ensuring accountability, incident response plans, and preparedness exercises are key. Encouraging a cyber–aware culture is also important.

- Boards should have cybersecurity expertise among its members. Organizations like NIST and NACD can provide guidance on effective cyber risk oversight.

STEP 2

Prioritize

Cyber risk as a key component of business risk

Why is this step important?

Cyber risk is business risk. It threatens the brand and reputation of an organization, and can cause major financial impacts and loss of shareholder value in the millions and even billions of dollars. Cyberattacks have a range of impacts, from minimal to severe, and unprepared organizations are more susceptible to suffering major business impacts. The scope, sophistication, and strategy of cyberattackers evolve more rapidly than many organizations' defensive capabilities. Threat actors work hard to find the Achilles' heel of an organization. They look for untrained people, exposed assets, unprotected data, weak physical security, unmanaged endpoint devices (like PCs and mobile phones), or any other way to attack your company.

What should the board do?

Acquiring a general understanding of cyberattacks will help you prioritize your cyber risks accordingly. A cyberattack is when cybercriminals attempt to gain unauthorized access to an organization's people, infrastructure (assets, technology), and/or data. Attackers can be external (e.g., criminals, competitors, or state-sponsored organizations) or internal. Internal threat actors may have been sent by state-sponsored organizations, be hostile employees (e.g., through ill-intent or blackmail), or careless users (unintentional).

The scope, sophistication, and strategy of cyberattackers evolve more rapidly than many organizations' defensive capabilities.

Threat actors continue to evolve and expand their activities at an unprecedented rate. Many threat groups are well funded. Nation-state actors (government or politically linked) are

growing in sophistication and capability and launch advanced attacks tailored to target and harm specific organizations. Organizations lacking the right security controls, layers of defense, or those using vulnerable infrastructure expose themselves to greater cyber risks from intentional actors.

Cyber risks also come from "trusted" partners: customers or suppliers with preferred access to your organization's systems that can be compromised and used to breach you. This is a less obvious form of cyber risk that arises when your organization integrates vulnerable technologies from these external partners. If you don't have something in place to detect integrated but exploited resources, adversaries may have free reign in your environment.

Nation–backed cyberattacks are extremely sophisticated, and their operators are highly capable. They have repeatedly shown their ability to find the weakest links in an organization, access the most sensitive areas, and extract data. We have seen, and will likely continue to see, major take–downs of organizations from a single point of entry.

Successful attackers may perform a variety of malicious actions:

- Disrupting daily business operations
- Disabling computers
- Revoking and denying the organization access to its own data
- Monitoring activity in a system to gain proprietary insights
- Collecting and stealing data
- Destroying information or technology systems
- Using a compromised computer to launch attacks against other systems

Cyberattack Basics

Cyberattacks generally fall into two categories: untargeted and targeted. With an untargeted attack, a bad actor focuses on the mass exploitation of as many humans or as much technology as possible. In a targeted attack, a bad actor singles out a single organization, division (e.g., development), or individual people (e.g., executive assistant of CEO).

There are four main types of cyberattacks (also called breaches):

- **Phishing:** criminals use social engineering to impersonate a trusted source, such as a bank or leader, in an attempt to persuade you to hand over sensitive information
- **Ransomware:** criminals launch malicious software onto information systems to lock or encrypt data, preventing access until a ransom has been paid
- **Malware:** malicious software developed to attack technology systems and cause harm actively, such as to steal data or credit card information, or plant spyware to monitor system activity
- **Insider threats:** data breaches caused——sometimes unwittingly——by people inside an organization with access to sensitive data

Cyberattacks are very detrimental to an organization's business:

- **Theft of customer/user information:** criminals targeting sensitive, personal information, often by impersonation using voice, email addresses, Slack, and other communication mechanisms
- **Theft of intellectual property, trade secrets, and nonpublic information:** criminals go after an organization's most critical data
- **Denial of service:** criminals actively preventing access to services, such as public websites, email, or a laptop

Ransomware in Focus

The Zscaler 2023 Ransomware Report showed a nearly 40% increase in global ransomware attacks, year over year. The report found the following:

- Ransomware impact is felt most acutely in the United States, which was the target for nearly half of all ransomware campaigns over the last 12 months.
- Organizations in the arts, entertainment, and recreation industries experienced the largest surge in ransomware attacks, with a growth rate over 430%.
- The manufacturing sector remains the most targeted industry vertical, accounting for nearly 15% of total ransomware attacks. It is followed by the services sector, which experienced approximately 12% of the total quantity of ransomware attacks last year.

A "zero-day" attack is one that uses a previously unidentified vulnerability to exploit hardware or software. These attacks often target technology used by millions in private organizations, government agencies, and critical infrastructure bodies. A zero-day event can lead to macroeconomic damages, impact public health, and threaten national security. In fact, a recent report[8] found that 70% of deployments of a popular firewall were vulnerable to such an attack — this amounted to more than 300,000 instances that could be exploitable by attackers. A true zero-day attack on your organization can result in intensive board member involvement in the aftermath and communication efforts.

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8   (n.d.). 2023 ThreatLabz State of Ransomware. Zscaler. https://info.zscaler.com/resources-industry-reports-2023-threatlabz-ransomware-report

A Recent Sharp Increase in Cybersecurity Breaches Has Led to Billions of Dollars in Damages.

September 2019: SolarWinds
Backdoor malware

This supply chain attack, which went unreported until late 2020, affected thousands of companies and multiple US government agencies. The total cost is unknown but estimated to be in the billions of dollars.

December 2020: Accellion
Zero-day exploit

A file transfer service was hacked, affecting multiple companies. The total cost is unknown.

January 2021: Microsoft Exchange
Zero-day exploit

Attackers exploited a series of zero-day vulnerabilities in Microsoft Exchange Servers, exposing some 250,000 servers worldwide.

August 2021: T-Mobile
API exploit

A data breach exposed the personal information of more than 76 million people in the US, leading to a $350 million settlement as well as $150 million in added security spend.

July 2021: Kaseya
Ransomware

This supply chain attack affected roughly 1,500 businesses worldwide, with many paying the attackers individual six-figure ransoms before a universal decryption key became available.

May 2021: Colonial Pipeline
Ransomware

A ransomware attack shut down the pipeline, causing fuel shortages and price increases. The company paid a ransom of 75 bitcoin, roughly $4.4 million.

September 2021: New Cooperative Inc.
Ransomware

A ransomware attack disrupted this US-based farming service provider's operations, with attackers demanding $5.9 million. The total cost is unknown.

October 2021: Facebook
Harvesting/Social engineering

A data breach exposed the personal information of 1.5 billion users, which was then offered for sale online. The total cost is unknown.

December 2021: Electronic Arts (EA)
Credential abuse

Attackers used social engineering to access and steal 780 GB of video game source code, developer tools, and more. The total cost is unknown.

March 2022: Microsoft
Zero-day exploit

Attackers had exploited a vulnerability in the Microsoft 365 authentication process since mid-late 2021 to serve a large-scale phishing campaign. The total cost is unknown.

January 2022: Twitter
Zero-day exploit

A hacker scraped the email addresses of more than 200 million users from Twitter's platform, and then attempted to sell them for a lump $200,000.

January 2022: Apache Log4j
Zero-day exploit

A vulnerability in this logging utility put 93% of enterprise cloud environments at risk, with over a million attempted attacks in the three days after it was disclosed.

March 2023: DC Health Link
Misconfiguration exploit

A breach of a government insurer exposed the personal information of 56,000+ people, including multiple US federal legislators, some of which was sold on the dark web.

Figure 04: Overview of major cyber breaches since late 2019.

Real–life Example of a "Zero Day" Attack in June/July 2017 Impacting Maersk[9]

Ukranian tax return vendor targeted
Cyberattackers seized control of a software update mechanism of company MeDoc, a tax vendor used by 400k customers.

Maersk conducts a routine software update of MeDoc
Maersk conducted a routine update of MeDoc (bug fixes, security patches, and new features) across all its computers.

Maersk technology is inaccessible
Laptops are either completely shut down or display a message demanding $300 worth of bitcoin to regain access. Any payments did not resolve the issues.

Attackers now have backdoor access
Customers and computers running exploited software updates are now at risk of exploitation.

Virus propagated
The entire Maersk technology network was compromised within seven minutes.

Damage incurred
49,000 laptops are destroyed, 1,200 technology applications are instantly inaccessible, 1,000 technology applications are fully destroyed.

Figure 05: Details of the Maersk breach.

High–level examination of the Colonial Pipeline Attack of 2021

Colonial Pipeline[10] is the largest refined products pipeline in the United States, transporting more than 100 million gallons of fuel daily to meet the energy needs of consumers. In May 2021, the company experienced a cyberattack that had major nationwide implications for everyday people and corporations in the US.

The attackers stole a Colonial Pipeline user's login credentials. The vulnerable state of the cybersecurity and technology solutions in place allowed attackers to gain access to all systems and data. The attackers targeted a high–value billing application and held the data for ransom. Colonial Pipeline paid the ransom of $4.4M USD (although $2.3M USD was later recovered by US Federal law enforcement).

9   WIRED (2018, August 22). The Untold Story of NotPetya, the Most Devastating Cyberattack in History. Wired.com. https://www.wired.com/story/notpetya–cyberattack–ukraine–russia–code–crashed–the–world/

10 (2022, April 26). Colonial Pipeline hack explained: Everything you need to know. TechTarget. https://www.techtarget.com/whatis/feature/Colonial–Pipeline–hack–explained–Everything–you–need–to–know

High–level Examination of the Colonial Pipeline Attack (2021)

1. Attackers found a vulnerability with a legacy technology (outdated and not fully protected)

2. Attackers exploited an exposed password and stole user's login credentials

3. Attackers performed reconnaissance of the organization's network of technology systems, assets, locations, and data centers

4. Attackers accessed a high–value billing application, and then encrypted and stole the data

Figure 06: Details of the Colonial Pipeline breach.

A number of impacts were felt:

- Paid $4.4M USD in ransom
- Theft of ~100 GB of confidential data within a two hour time span
- Six–day halt of pipeline and business operations
- Major reputational damage
- Federal government involvement and congressional hearings

Since this was an example of a cyber breach affecting critical infrastructure, there were additional societal impacts. NIST defines critical infrastructure as "Systems and assets, whether physical or virtual, so vital to the US that the incapacity or destruction of such systems and assets would have a debilitating impact on security, national economic security, national public health or safety, or any combination of those matters."

There were many additional impacts:

- Tens of thousands of people were unable to access gas and more than 17 states declared a state of emergency
- Gas prices surged for millions
- 45% of pipeline operators were affected
- Impacted airlines and air material transport flights
- Economic effects rippled from these conditions

In light of all of these risks, organizations must undergo continuous technological evolution (a.k.a. digital transformation) to survive and compete. They have to adopt technologies that allow them to stay competitive. This includes securely sharing data with partners and third parties. They must find safe ways to provide access to applications, the internet, and the cloud to any geographical location. Businesses cannot stop growth, innovation, and acquisitions for the sake of staying protected.

As this transformation occurs, many traditional cybersecurity solutions used today are insufficient for preventing unauthorized access. Yet, many organizations spend a significant portion of their IT budget on cybersecurity. Why are they still being breached? The answer is they are often buying dated technologies, reactively patching security gaps, and impulsively adopting new technologies that are ineffective in solving the holistic cyber risk. This approach adds complexities to existing outmoded technologies, increasing operational friction and costs.

In light of all of these risks, organizations must undergo continuous technological evolution (a.k.a. digital transformation) to survive and compete.
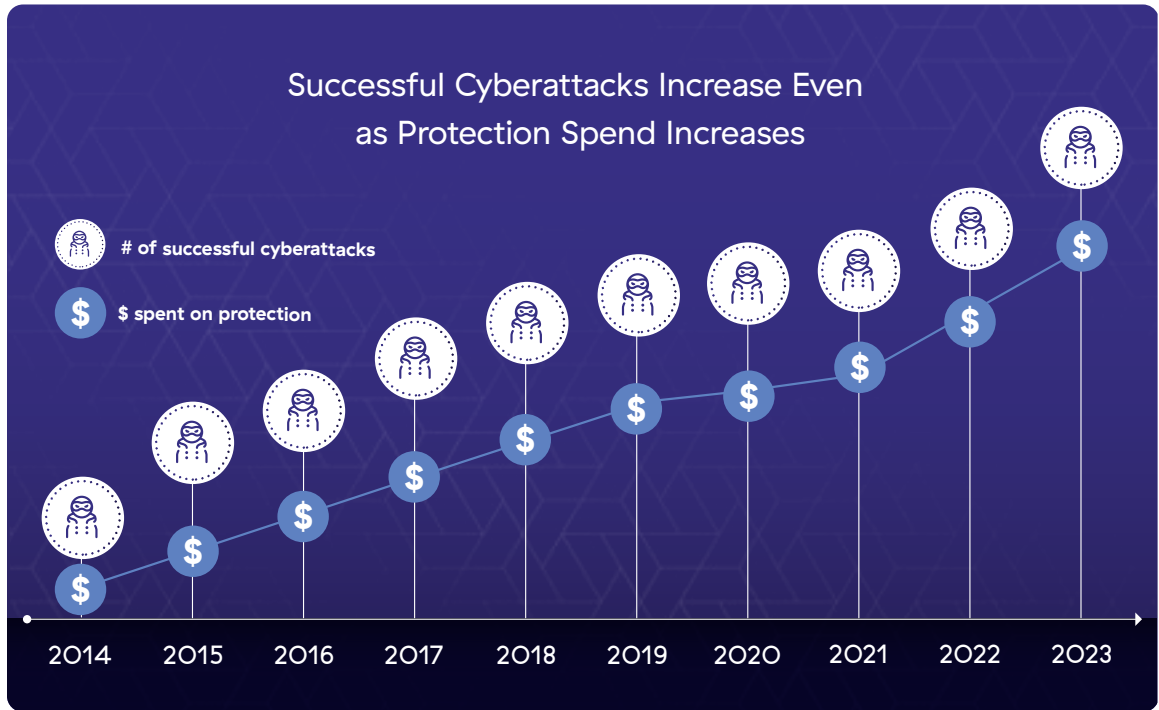
Figure O7: Successful cyberattacks increase even as protection spend increases.

Let's dig a bit deeper into why, after spending millions of dollars on network and cybersecurity, organizations are breached. The main problem is that cybersecurity technologies designed in the late eighties and early nineties (and still used today) are centered on an "implicitly trusting" architecture. This worked fine when everyone's business networks were not largely interconnected. Leading network hardware and software companies built great technologies so an enterprise could extend organizational access to data to every user, branch office and warehouse, factory and supplier, etc.

Then, cloud and mobility changed how business was done. Data now lives everywhere and anywhere. Workers require access to resources from any location. Organizations brought their turn–of–the–century networking and security practices into the cloud era and discovered their technologies did not scale.

Cloud and Mobility Changed How Business is Done

Data and users are everywhere

Embracing SaaS
Faster time to benefit, scale, lower cost, integrations

Embracing public cloud
Leverage AI/ML for better business insights

Embracing mobility
Business is conducted everywhere

Cybersecurity has new objectives

Security
Cybersecurity needs to protect the farthest reaches of a company's data and assets, which span the internet and cloud−based applications

Network
Cybersecurity needs to prevent access to the company network for all its users to eliminate lateral movement by attackers

Figure 08: SaaS, public cloud, and mobility have changed network and security objectives.

In this cybersecurity model, if an employee is granted access to a trusted network, they (or an attacker) can propagate laterally and access every single office, factory, and device under the company's control. Applications are also on the same company network, putting all of an organization's critical resources in one traversable (or routable, in network speak) space. At the time, these traditional networks represented a big breakthrough for collaboration and distributed computing. Today, their architecture is the equivalent of opening your front door at 3:00 a.m. and letting a stranger wander around freely in your home.

Ultimately, this legacy approach is unable to adapt to the world we live in today. Many organizations, however, still have this type of technology in place and are therefore frequent targets of cyberattacks. Workers are considerably more mobile now, and many work from home. Organizations have tried to adapt by using virtual private networks (VPNs) to extend the company network to each employee's location. While VPNs do offer certain levels of protection, they have also been the cause of numerous breaches given their public exposure

and network–level access. Ultimately, VPNs increase the exposure to bad actors by creating new opportunities for them to gain access to the company's network.

Couple this predicament with the adoption of the public cloud and SaaS. Because traditional architecture puts users and applications on the same network, this means that the company network is now extended to all of those disparate cloud locations as well. As the old network model grows, it creates a huge surface that enables lateral movement for users as well as for attackers.

These older architectures, commonly known as hub–and–spoke networks and castle–and–moat security, are still in place at many organizations today.

Figure O9: Legacy architectures represent a castle and moat, which fail to provide security in a mobile and cloud world.

Using corporate theft as an analogy, there are four key steps attackers take to breach organizations even after organizations have spent millions of dollars on network and security.

Figure 10: The four stages of a typical cyber breach.

1   **They find your offices (External Attack Surface)**

The bad guys find your open attack surface. What is the attack surface? Every implicitly trusting network address discoverable on the internet is an attack surface. Every system with vulnerabilities, like failing to properly encrypt your data as it moves around to different people and technologies, can be compromised. If you're reachable, you're breachable.

2   **They break in using a weak entry (Compromise)**

The bad guys compromise your network. Every external compromise comes from the internet and looks for weak links, like unsuspecting users or unprotected devices, to compromise. Once an asset is breached, attackers use the compromised resource as a beachhead to launch further attacks.

3   **They search for corporate secrets (Lateral Propagation)**

The bad guys get on your network and move laterally to find high-value targets. Since a VPN is on the corporate network, a hacker can use it to traverse laterally across the enterprise and bring every system or application down. Or, they can encrypt data and ask for ransom. Fixing this on a per-vulnerability basis is like trying to build a highway system of toll booths and toll roads to regulate access; this is called network segmentation and it is difficult to accomplish.

4 **They walk away with secrets (Data Loss)**

The bad guys steal your data. The stolen data is almost always sent to the internet. Data is the crown jewel of organizations, and its theft means a loss of intellectual property, loss of trust among customers, and a negative impact on your brand reputation.

3 User has access to all rooms despite authorization status

4 User leaves a listening device and exits the building with sensitive files

2 User passes through metal detector

1 User presents ID; permission granted to a room
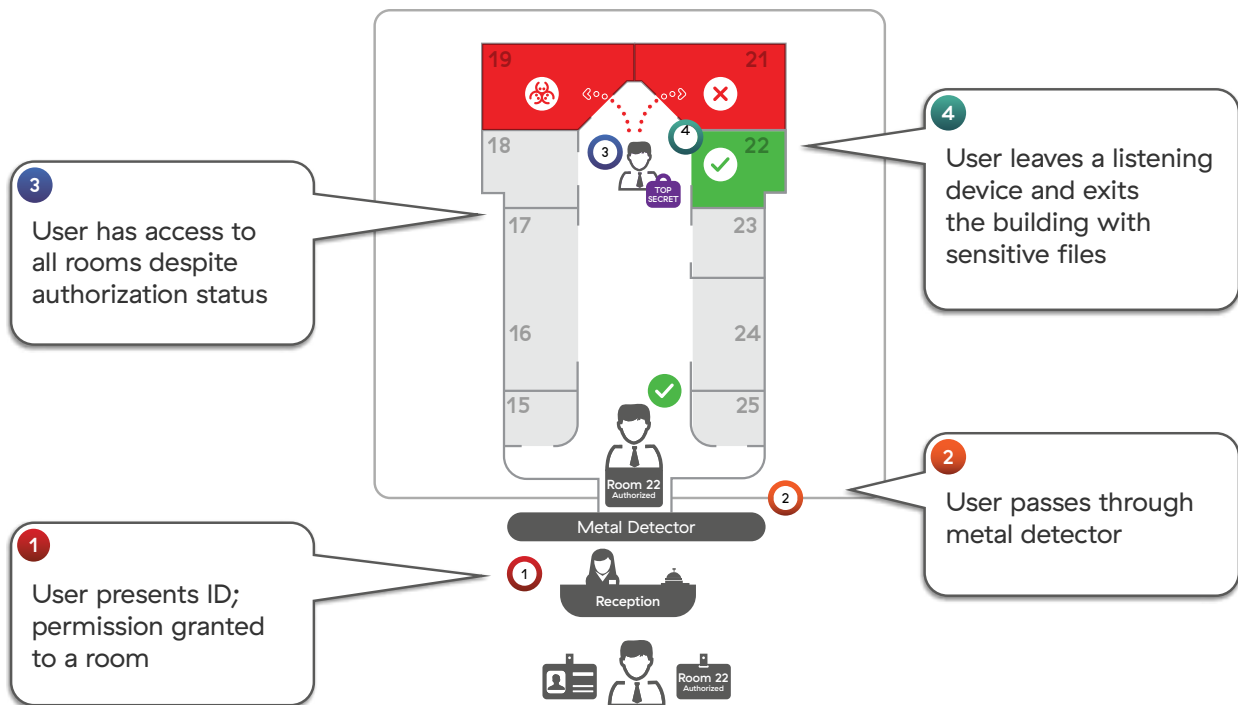
Figure 11: Traditional security is like allowing unescorted visitors to freely wander the entire office building after checking in at reception.

Key Takeaways

Seven Steps for Corporate Boards to Manage Cyber Risk

1. Get on "Board"
2. Prioritize
3. Assess
4. Understand Technology
5. Address Non-technology Factors
6. Overcome Obstacles
7. Measure & Repeat

- Cyberattacks threaten organizations with major financial, reputational, and operational impacts. Unprepared organizations are susceptible to severe consequences.
- Attackers exploit vulnerabilities to gain unauthorized access to systems, data, and infrastructure. Successful attacks can lead to data theft and major business disruption.
- Legacy network architectures based on implicit trust are insufficient today, as data and access are everywhere. Many organizations still rely on these outdated models.
- Attackers follow a process of finding an attack surface, compromising a system, moving laterally, and stealing data. Even organizations spending millions may be breached.
- The Colonial Pipeline attack shows how a single compromised credential allowed access to all systems, leading to nationwide fuel shortages and financial/reputational damage.

STEP
3

Assess

Current cyber readiness
and maturity level of
the organization

Why is this step important?

You cannot address a problem if the scope of the problem is not understood. Determining how susceptible your organization is to being breached is commonly called assessing cyber risk posture. Cyber risk posture refers to an organization's ability to protect itself from cyber threats and risks. Even the millions of dollars the board has authorized for cybersecurity do not mean that there is minimal risk.

What should the board do?

To ascertain the cyber risk posture of your organization, you should ask the CIO, CISO, or CRO the following questions:

1. What is our exposed cyberattack surface? Do we still use older and riskier network and security architectures? In essence, are we reachable, which means we are breachable? Specify that these questions also include physical assets, like operational technology (OT) or internet of things (IoT), such as manufacturing equipment or medical devices.
2. Who might be interested in attacking our organization? This may include external and internal attackers.
3. What policies, procedures, or controls have been put in place to prevent or mitigate an attack?
4. What programs are in place if the company is breached? For example, can an internal tiger team address breaches to internal or customer data?
5. If breached, can attackers freely roam our network looking for sensitive data? How effective are the current security controls in preventing this free movement?
6. Where is our sensitive data being kept, and can attackers find it? This includes identifying what data is most valuable, where it is stored, who has access to it, and how it is being used.

7. Can attackers steal our sensitive data? What is the impact to the organization's reputation, financial stability, and ability to deliver products or services if data theft occurs?

8. How well do we monitor internal employees and third parties who have access to our critical data and assets? Is it possible for these individuals to move data and funds out of the organization?

9. Are there any existing contractual arrangements with external resources to assess the extent of a breach and help remediate?

Cyber risk posture refers to an organization's ability to protect itself from cyber threats and risks. Even the millions of dollars the board has authorized for cybersecurity do not mean that there is minimal risk.

Answering these questions is the most critical step in assessing cyber risk posture. Third–party audits and assessments can help provide an independent lens into your organization's current state of affairs. These audits focus on evaluating risk from four perspectives:

- **External attack surface** – measuring the vulnerabilities that exist and are publicly exposed, allowing attackers to discover and exploit data and technologies over the internet

- **Compromise** – measuring the ability to infiltrate and share malicious content within an organization

- **Lateral propagation** – measuring the exposure of applications and data that occupy the same network that attackers can discover after a successful breach

- **Data Loss** – understanding what sensitive organizational data is at risk of being stolen and exploited and assessing the security of internal data sharing practices

These four risk elements should be monitored and provided to you in dashboard form (comparable to the figure below) that allows for full transparency of the status quo and trends over time.

Figure 12: Sample third–party risk assessment (Source: Zscaler)

Once the assessment is done, board members should set goals and keep track of the organization's progress over time. Any critical negative change in the score for these four areas should be addressed as high priority with management.
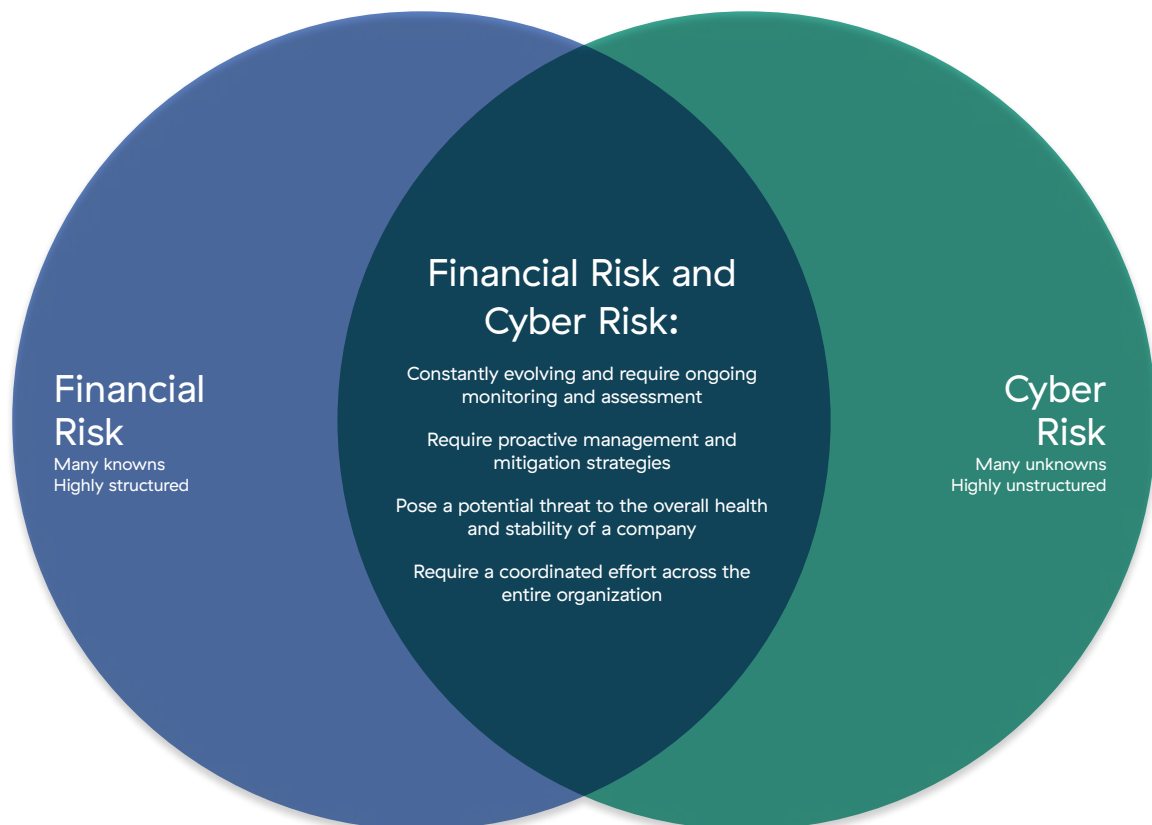
Figure 13: Cyber risk and financial risk have several similarities in how they are addressed.

Likely, you are already highly attuned to measuring financial risk as part of your fiduciary responsibility. There are similarities and differences between financial and cyber risk. While financial risk is structured with many knowns, cyber risk is quite the opposite with many unknowns and highly unstructured, but both require a coordinated effort across the organization.

Malicious actions lead to a number of business implications, including unexpected financial losses, operational disruption, and at the very worst case force a company to go out of business.
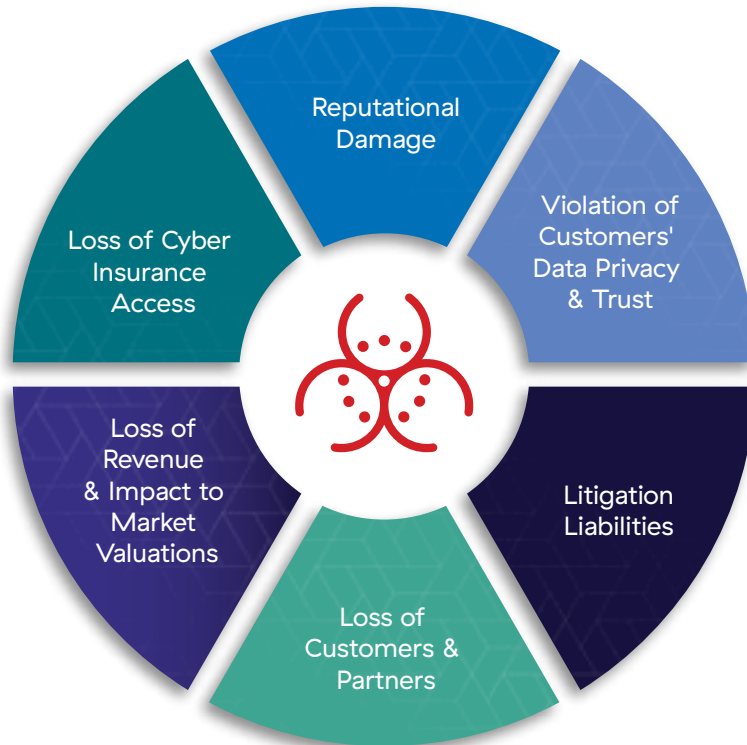
Figure 14: Business implications of cyberattacks.

Cyberattacks threaten the financial stability of the company, and this makes them a shared concern and responsibility for all employees and stakeholders. The following sources offer a rough starting point for formulating your cyber breach loss estimations:

- Average cost of a data breach: $4.35 million[11]
- Average cost per breached record: $164[12]
- Average days to recover from cyberattack: 279 days[13]
- Fine for a serious privacy violation: up to 4% of a company's annual global revenues[14]

11 International Business Machines (n.d.). Cost of a Data Breach Action Guide. IBM. Retrieved August 17, 2023, from https://www.ibm.com/reports/data-breach-action-guide

12 (n.d.). Worried About a Cyberattack? What It Could Cost Your Small Business. Business News Daily. Retrieved August 17, 2023, from https://www.businessnewsdaily.com/8475-cost-of-cyberattack.html

13 (2022, September 22). Cyberattack recovery time and cost much higher than businesses realize. Nationwide. https://news.nationwide.com/cyberattack-recovery-time-and-cost-much-higher-than-businesses-realize/

14 (2022, January 18). Fines for breaches of EU privacy law spike sevenfold to $1.2 billion, as Big Tech bears the brunt. CNBC. https://www.cnbc.com/2022/01/18/fines-for-breaches-of-eu-gdpr-privacy-law-spike-sevenfold.html

$4.35M
Average cost of a
data breach

$164
Average cost per
breached record

279
Average days to recover
from a cyberattack

4%
of a company's annual
global revenue

Figure 15: Estimated costs of a cyber breach.

Penalties for sensitive data exposure

- European Union's General Data Protection Regulation (GDPR): Up to €20M EUR or 4% of global company revenue for severe violations, whichever is higher.
- United States Health Insurance Portability and Accountability Act (HIPAA): $50 to $50,000 USD per violation, with a max penalty of $1.5M USD.
- California Privacy Rights Act (CPRA): Up to $2,500 USD per violation or up to $7,500 for each intentional violation. No penalty cap.

Another important step, in addition to understanding cyber risk, is determining how your organization responds to cyber incidents. Do you have a cyber risk management plan with strategies for preventing, detecting, and responding to cyber threats? You can use a cybersecurity maturity model to rate your current state of affairs as unready, reactive, proactive, or predictive. Note that most organizations today would rate themselves as unready or reactive. Note that NIST also provides a Cyber Risk Scoring[15] framework.

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15 National Institute of Standards and Technology (2021, February 1). NIST Cyber Risk Scoring. NIST. https://csrc.nist.gov/CSRC/media/Presentations/nist-cyber-risk-scoring-crs-program-overview/images-media/NIST%20Cyber%20Risk%20Scoring%20(CRS)%20-%20Program%20Overview.pdf

Cybersecurity Maturity Assessment

☐ **Unready**

  ☐ Lacking necessary information

  ☐ Unable to respond to incidents

☐ **Reactive**

  ☐ Basic platforms and processes

  ☐ Cannot proactively prevent incidents

☐ **Proactive**

  ☐ Have platforms to address current incidents

  ☐ Have org structure and processes to handle

     current incidents

☐ **Predictive**

  ☐ Have platforms to address future incidents

  ☐ Have org structure and processes to handle

     future incidents

Figure 16: Cybersecurity maturity ranges from unready to predictive.

Key Takeaways

Seven Steps for Corporate Boards to Manage Cyber Risk

1. Get on "Board"
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6. Overcome Obstacles
7. Measure & Repeat

- Determine cyber risk posture by asking about exposed attack surface, potential attackers, existing policies/controls, ability of attackers to move within systems, location/accessibility of sensitive data, and monitoring.

- Third-party audits of external attack surface, internal compromise, lateral propagation, and data loss provide an independent lens.

- Couple cyber risk assessment with financial impact analysis, using cost of breaches and fines as a starting point.

- Determine cyber incident response maturity using a model like unready, reactive, proactive, predictive. Most organizations are unready or reactive.

- Cyber risk is a shared concern for all employees and stakeholders given threats to company stability. The board should be provided full and current transparency on cyber risk status and trends.

STEP

4

Understand Technology

How zero trust architecture reduces business risk

Why is this step important?

Once you determine your organization's cyber risk posture, you can discuss the adoption of the technologies needed to mitigate cyber risk. Oftentimes, the actual selection, procurement, and adoption of suitable technology and architecture requires adequate probing from the board. Your understanding of cyber risks and informed input on viable solutions such as zero trust architecture (which is the subject of this chapter) and risk mitigation technologies can be invaluable.

What should the board do?

Once the cyber risk posture of your organization is determined, it is time to improve it. While the actual selection, implementation, and maintenance of new technology belongs to the technology executives and their staff, your understanding and probing of these decisions is important.

The first step in minimizing cyber risks is figuring out what to protect. As the adage goes, "If you try to protect everything, you protect nothing," and this is true in cybersecurity. It is important to help your organization determine the crown jewels and prioritize protecting mission-critical resources. Often, organizations get bogged down trying to define every detail of a holistic and comprehensive security plan. While this is important in the longer term, some simple steps will greatly improve risk posture for critical assets.

The first step in minimizing cyber risks is figuring out what to protect. As the adage goes, "If you try to protect everything, you protect nothing,"

Typically, "crown jewels" can be the company's intellectual property, customer data, financial applications, IoT/OT systems (like factory equipment), or critical applications that drive the business. Whatever would cause a major business impact if compromised belongs on this list.

Where To Start?
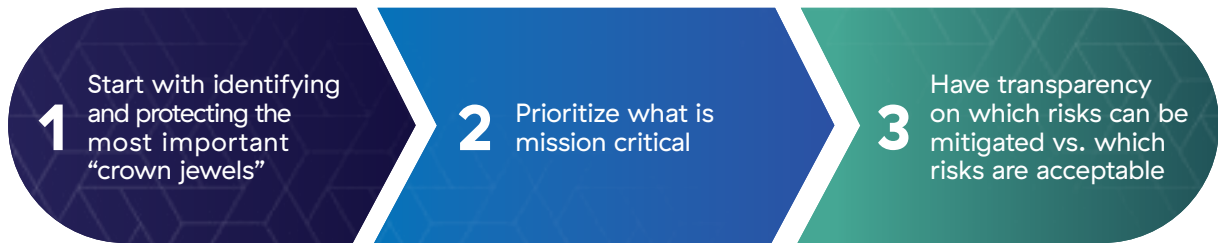
Figure 17: Identify, prioritize, and have transparency on what needs to be protected.

Once priority assets are determined, address one of the largest security risks to your organization—the implicitly trusting architecture that has an attack surface, allows for compromise, allows lateral propagation, and can cause data loss. These legacy architectures put users, applications, and data on the same network, exposing them to discovery and exploitation by attackers breaching that environment. Moving away from this implicit trust model requires adopting a zero trust architecture (ZTA).

So, what is a zero trust architecture? Simply put, it is a philosophy (implemented through architecture and technology) that rejects the implicitly trusting model of legacy architecture by taking a "never trust, always verify" approach. In addition to verifying the user's identity, ZTA considers what information the user is trying to access, and allows this access based upon least privilege (granting access based only on what the user must have). When deployed, the external attack surface and lateral propagation can be minimized, reducing the chance of data loss and compromise.

To understand zero trust architecture, think of technology applications (and their data) as falling into two buckets:
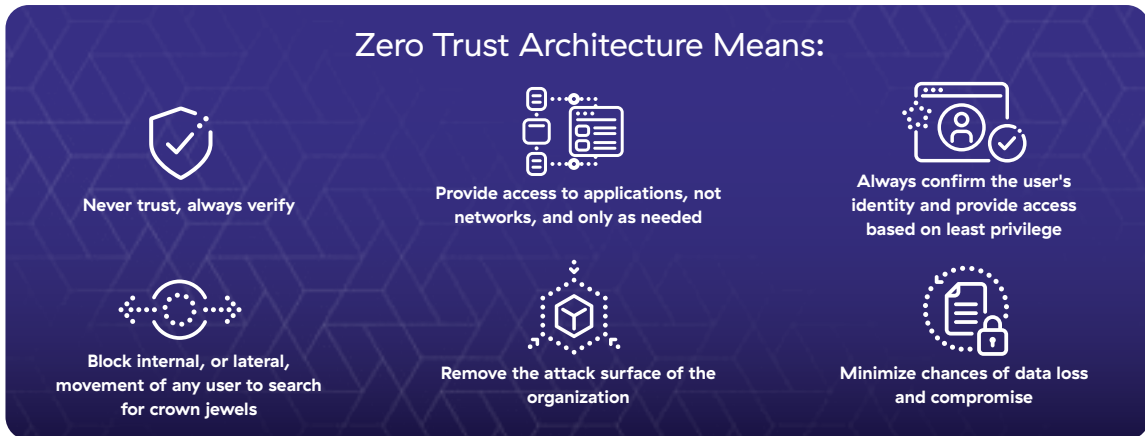
Figure 18: Characteristics of zero trust architecture.

- Private applications are managed internally by the IT department. These are often hosted in a company's data centers or in public clouds offered from Microsoft, Amazon, or Google, etc. There is plenty of sensitive data stored within private applications.

- Public applications are managed by others. These are SaaS software applications provided by companies like Microsoft, Salesforce, ServiceNow, or Workday. These public applications often used in the open internet will also have access to sensitive company data.

Since both of these application types store mission−critical and often sensitive data, users/ devices, things (IoT/OT), and cloud workloads need to access them. By default, they're all untrusted in a zero trust environment. The biggest difference between a zero trust architecture and traditional architecture is that with ZTA there is no directly accessible and trusting network between the user and the application. How do they connect? They go through a secure zero trust cloud, which acts as a switchboard for various entities (users, devices, and applications) to communicate with each other over any network securely. Users cannot see data they're not allowed to access, cannot move around to other technologies within the organization, and are governed and monitored to detect attempts to misuse resources.

ZTA does several things to ensure security and reduce risks when connecting users to the applications and data. First, it stops every connection request with a verification check asking who they are, what they want, and where they are going. This is part of identity and access management, where technologies like multi–factor authentication (MFA) are critical to ensure credentials are not stolen.

Figure 19: Zero Trust Architecture (ZTA) connects users to the resources they need in a secure way with no attack surface or risk of lateral propagation.

Then, it evaluates the risk of the request – for example, is the requestor asking for something outside of their job function – and there are controls in place to automatically derisk the requests. Overly risky users may be blocked.

Next, it enforces policy by only connecting users to applications that the organization has authorized based on business policy (e.g., only HR employees have access to Workday while sales employees do not) – no more risk of lateral propagation to other applications or data because ZTA enforces policy for all of these requests. The typical difficulties of achieving network segmentation go away, as this is now being monitored at a user–to–application level.
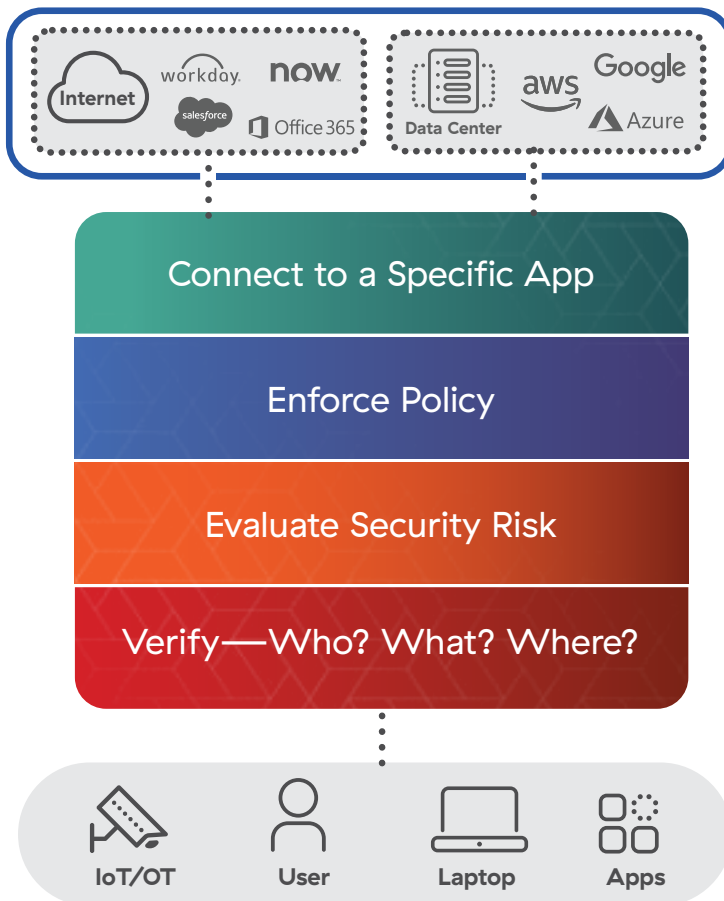
Figure 20: Steps that a zero trust architecture (ZTA) takes before connecting a user to reduce the risk of a cyber breach.

Finally, ZTA creates a secure, outbound–only connection to the requested resource, without exposing the underlying trusting network – the application and data transactions are hidden from view, hence no more network attack surface. Well–designed zero trust architecture can perform these actions for every transaction (often billions per day) without the user ever noticing.

Looking back at the corporate theft example in Step 2, zero trust architecture would produce a significantly different outcome.

4 Bag search for dangerous material and sensitive data

5 User is escorted through the building and can access ONLY what is allowed—escort prevents loitering

User cannot see or access any other rooms

3 User passes through metal detector

1 User has a limited view of the building

2
- User presents ID
- Permission granted to a room
- User assigned escort
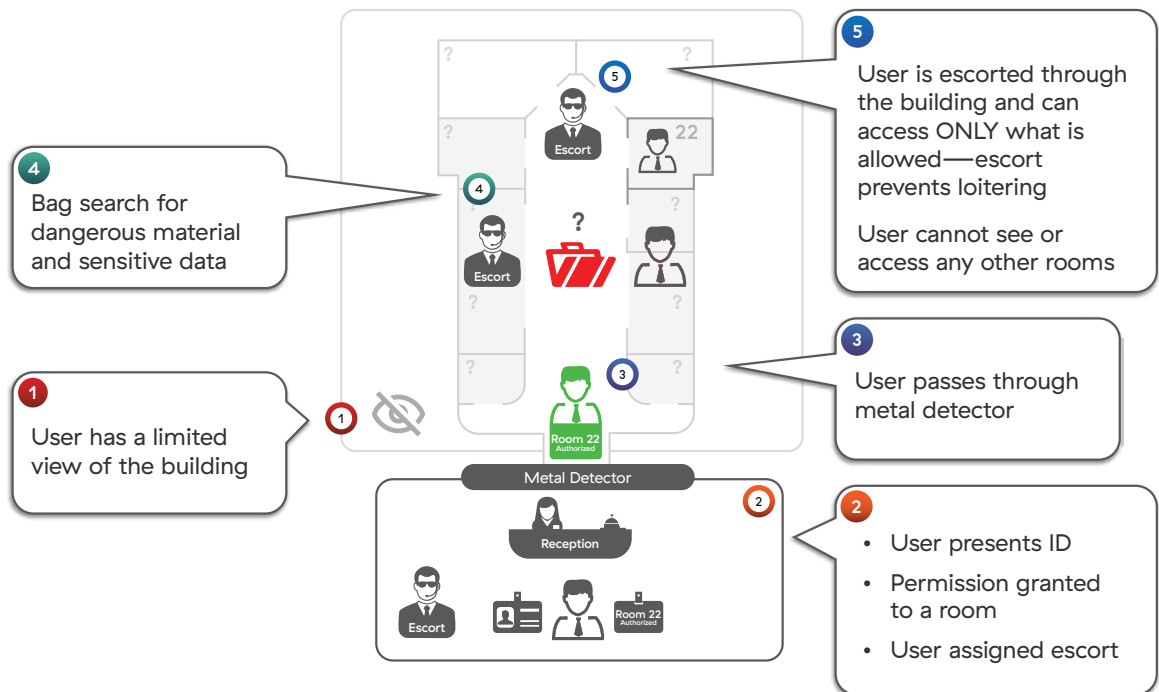
Figure 21: Corporate theft prevented in a zero trust architecture.

Zero trust is more than a technology; it is a strategy and a framework. It is a new way of thinking that permeates across a number of areas, and there are practical implementations from vendors that built solutions with zero trust at their core. The preceding section

described just that. Once deployed, this technology forms the basis of providing secure access for users, things, and workloads to public or private destinations based on zero trust principles.

Focusing on the four areas of risk discussed in Step 2, zero trust helps in the following ways:

Figure 22: Zero trust prevents the four ways that cyber breaches can occur.

Zero trust has already made an enormous impact on many organizations. It proved especially valuable as the pandemic moved workers home, expanded the business network, taxed IT resources, and opened the door to new cyberattacks. Organizations that transitioned to ZTA were able to allow workers access from home seamlessly, while avoiding the common bottlenecks and security concerns that would normally accompany such a massive workforce shift. That being said, many organizations are still in various stages of their transformation journey.

Zero trust architecture has been endorsed by US government agencies NIST (800–207), Cybersecurity and Infrastructure Security Agency (CISA) (Zero Trust Maturity

How I Drove Secure Digital Transformation With Zero Trust

– Alex Philips, Chief Information Officer of NOV (www.nov.com)

As the CIO of NOV, my job is to make sure that IT infrastructure and security enable our business to power the people who power the world. By this, I mean our 27,000 employees across 60 countries working with thousands of partners, suppliers, and customers. They all require secure, reliable technology anytime, anywhere, on almost any device—the same reliability we expect when accessing electricity and water. Over the last several years, I led a secure digital transformation that made NOV more agile and adaptable to challenges thrown our way.

To do this, I needed to reduce cost, improve security, and make life easier for both our users and IT administrators. This meant a move to zero trust. We wanted to follow the maxim "never trust, always verify," which we later learned was called a zero trust architecture. This allows us to turn on inspection capabilities to detect and block hidden threats. This significantly improved our risk posture.

Our secure digital transformation has made NOV business a lot more agile. It has saved millions of dollars, improved user productivity, and reduced our cyber risk.
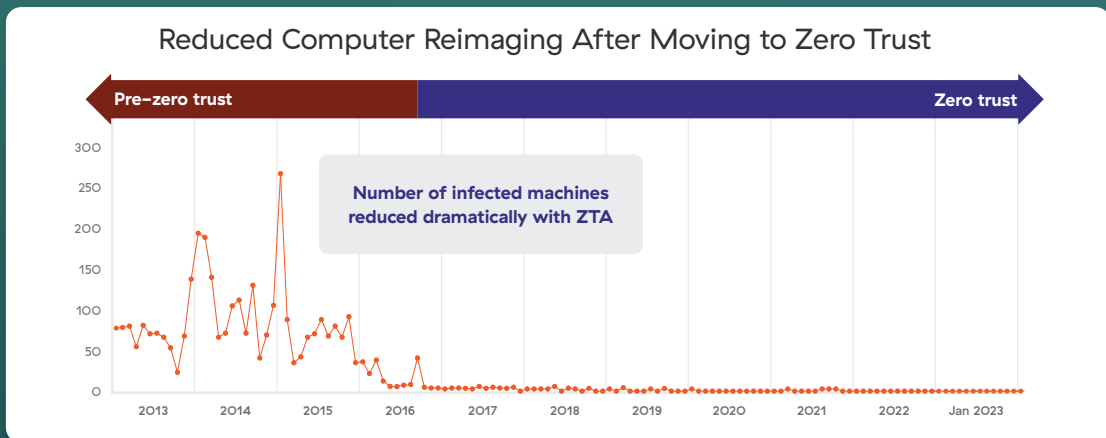
Figure 23: Reduced computer reimaging at NOV after moving to zero trust.

Model), and the Department of Defence (DoD) (Zero Trust Reference Architecture), as well as by the President's Executive Order (Executive Order on Improving the Nation's Cybersecurity) and numerous other organizations globally. In addition, it has received support from analyst firms like Gartner, IDC, and Forrester.

This groundswell of endorsement reflects an acknowledgment of the challenges of

Zero trust architecture has been endorsed by US government agencies NIST, CISA and DoD as well as by the President's Executive Order.

traditional architecture and zero trust's ability to mitigate those challenges. As such, companies and their boards should pay special attention to these trends, especially those organizations that do business with the government.

One area where this has become evident is cyber insurance, where underwriters of policies are increasingly looking for data that provides better signals to gauge the maturity of an organization's cyber risk models and policies. Use of zero trust provides empirical data to underwriters about the reduced attack surface, and has shown to lead to organizations with lower risks, better controls, and fewer claims and losses when compared to policies where these technologies aren't in place.

In addition to the enhanced security posture discussed above, zero trust architecture has a number of other business benefits, including technology cost optimization, operational efficiencies, improved user experience, streamlined mergers & acquisitions/divestitures (M&AD), and improved sustainability.

Moving toward zero trust requires a rethinking of traditional networking and security, and it is up to the corporate board to elevate the discussion to their leadership in this direction.

Enhanced Security Posture and Compliance

Inadequate/burdensome security and compliance practices/configurations increase your risk of ransomware, malware, viruses, phishing, and compliance violations.

Sample Benefit

85%
reduction in successful ransomware, phishing, and other malware/viruses

25%
reduction in the risk of a data breach

Technology Cost Optimization

- Internet/security appliance simplification
- Reduce/eliminate hardware capacity planning/renewal
- Network simplification/local internet breakout

Sample Benefit

75%
reduction in hardware appliance costs

50%
reduction in network spend

User Experience

- Reduce latency by eliminating network backhauling
- Prioritize critical apps traffic with bandwidth control
- Optimize M365 and other SaaS

Sample Benefit

30–40%
reduction in inbound/outbound transaction wait times (user productivity hours)

Operational Efficiency

Optimizing FTE time and reducing contractor costs due to break/fix; OS/firmware updates; patching; refresh cycles; change management scheduling.

Sample Benefit

50%
reduction in effort managing inbound/outbound internet security appliances (new and existing sites)

Mergers and Acquisitions

- Accelerate M&A
- Rapidly onboard acquired employees, including analysis of security access and policies

Sample Benefit

2–3X
Faster M&A time–to–value
Improved UX and productivity
Superior security posture

Sustainability/Carbon Footprint

- Improve your enterprise's Environmental, Social, and Governance measures, reporting, and scores.

Sample Benefit

50%
power usage effectiveness (PUE) improvement: reduce shipping, receiving, and replacement parts

Reduced
CO_2 emissions from power and cooling

Figure 24: Zero trust architecture brings about a broad array of business benefits.

Key Takeaways:

Seven Steps for Corporate Boards to Manage Cyber Risk

1 Get on "Board" → 2 Prioritize → 3 Assess → 4 Understand Technology → 5 Address Non–technology Factors → 6 Overcome Obstacles → 7 Measure & Repeat

- It is important to help your organization determine the crown jewels – the most critical assets to protect – and prioritize these in your cybersecurity strategy.

- Organizations are adopting zero trust architecture (ZTA) to move away from implicit trust models that bring large cyber risks. ZTA verifies users and devices, evaluates risk, enforces policy, and creates secure connections.

- The benefits of ZTA are reducing the external attack surface, stopping lateral propagation inside networks, preventing data loss, and minimizing compromise from breaches. It adapts security for work–from–anywhere and the cloud. Zero trust improves across three dimensions: risk, cost, and usability.

- ZTA has been endorsed by governments and analysts as a way to improve security. It can also lead to better positioning for cyber insurance.

- Boards should elevate discussion within their organizations to adopt zero trust frameworks and technologies to minimize cyber risks.

STEP

5

Address Non− Technology Factors

Mindset, skill set, process, and organization

Why is this step important?

When dealing with cyber risk management, it can be tempting to focus exclusively on the technical aspects of the challenge. It is easy to view digital transformation as deploying technology "X" to solve problem "Y", and forget the non–technical impacts of the change. This can be a costly mistake, as successfully driving organizational change relies on several non–technical elements.

What should the board do?

You, and other directors, play a crucial role in ensuring that non–technology factors are considered and addressed. Proactively managing factors that can derail security initiatives is as important as adopting the right technologies. Business culture/mindset, board/employee skill sets, processes, and organizational structure are crucial in determining the outcome of a technology or security initiative, and critical for managing cyber risk.

| Changing Culture & Mindset | Optimizing Processes | Adapting Skill Sets | Overcoming Organizational Challenges |
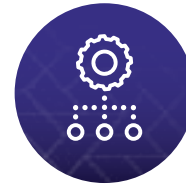
Figure 25: Successful cyber risk oversight relies on several non–technical elements.

Changing culture and mindset

If a change initiative is not embraced by organizational culture, it is slow–walking a path toward failure. This is particularly true with cybersecurity, which must have popular support to effectively reduce cyber risks associated with human behaviors. Employees resentful of new security measures may ignore processes, create unauthorized shortcuts, and work outside of

approved channels, quickly reversing any gains. As a board member, you have considerable influence in changing the culture and mindset of the organization. By vocally supporting and promoting change, you encourage others to follow suit.

Persuading organizational leadership to join you in embracing a security overhaul, such as moving to a zero trust platform, begins with language and framing. Employees often have a negative reaction to the topic of cybersecurity because they immediately feel as if their jobs will become harder. Security measures are widely seen as roadblocks to productivity or annoying hurdles that must be cleared before real work can be done. To win support, it is important that management emphasizes that the goal of a zero trust initiative is to drive business enablement, not impede workflow.

> **As a board member, you have considerable influence in changing the culture and mindset of the organization. By vocally supporting and promoting change, you encourage others to follow suit.**

For example, it is a best practice to shift security conversations from control–based language to risk–based assessments. This means encouraging the CISO/CIO/CRO and other security leaders to avoid saying "No, you can't" when addressing workflow concerns. Encourage them to provide examples of how tasks can be accomplished in a new (and improved) way, based on risk. Centering the discussion around the business mission and user benefits is key. It is also important to include operational technology (OT) such as factories, medical devices, smart appliances, etc., in the discussion as well. This highlights the wide–ranging nature of your security concerns and shows your transformation goals are larger than the aspects that primarily

impact users. Your example of a new security mindset, technical knowledge, and dedication to reducing cyber risks can empower organizational leadership to make successful changes.

Optimizing processes

To effectively reduce organizational cyber risk, you can understand the new processes that will govern your operations and how to handle incident response.

Understanding process maturity, based on a self–guided or third–party assessment, is

Improving cyber risk posture requires organizations to update their internal processes, and you can play a key role in ensuring this happens.

a firm requirement (see Step 3) for reducing risks. Improving cyber risk posture requires organizations to update their internal processes, and you can play a key role in ensuring this happens. Your organization has a number of manual risk management processes that you may want to review. There are several requirements when laying the foundation of a successful cybersecurity process framework:

- **Regular risk assessments** – board members should establish a process whereby they are given regular risk assessments by the organization's CISO or a qualified third–party vendor.
- **Ongoing cybersecurity training** – board members should have processes to ensure they receive ongoing training.
- **Incident response playbooks** – board members should have a plan to communicate incidents to stakeholders, which includes federal authorities and possibly the media. For US public companies, new SEC guidelines provide strict rules on reporting material breaches.

- **Regular reporting** – board members should establish a process where the reporting of incidents, cyber risk posture changes, etc., are communicated by organization executives in a timely manner. Again, for US public companies, regular reporting is part of the SEC's ruling requiring periodic disclosure on processes in place for assessing and managing cyber risks.

Adopting a zero trust architecture minimizes the risks created by legacy processes. It greatly reduces complexity by removing unnecessary hardware, retiring redundant security controls, and centralizing protected communications. These improvements broadly translate to many areas of process improvement, but one stands out: M&A integration.

As a board member you are often involved with M&A activity. Successfully integrating separate business networks and their accompanying security controls is a technical nightmare for IT teams. During the process, countless security concessions are often made for the sake of getting employees up and running. When security is sacrificed for productivity, it may take considerable time before the resulting cyber risks are addressed.

Adopting a zero trust architecture minimizes the risks created by legacy processes. It greatly reduces complexity by removing unnecessary hardware, retiring redundant security controls, and centralizing protected communications.

Zero trust greatly simplifies the integration process associated with M&A activity, significantly reducing integration time and time–to–value. It also allows your organization to accomplish its acquisition without degrading its defenses. This extends to divestiture activities as well, allowing divested assets

to seamlessly execute on their Transitional Service Agreement (TSA), as it relates to access to applications and data.

Adapting skill sets

Best practices point to ensuring that some or all directors have the following five skills:

1. An understanding of cyber issues and risk management that empowers them to ask the right questions
2. Awareness of regulatory requirements
3. Familiarity with industry standards and best practices
4. An understanding of incident response and business continuity planning
5. Knowledge of cybersecurity governance

Cybersecurity presents too much of a risk factor for boards not to have members with first-hand knowledge of the topic.

Adapting skill sets to understand and address cyber risk applies to the larger organization as well. You can play a primary role by determining the level of cyber awareness needed among employees to achieve the desired risk reduction. Specific groups that the board should provide oversight over include:

- C-suite leaders within the organization
- IT department
- General employees

Looking at skill sets within the C-suite, you can help define the requirements to recruit innovative and forward-thinking security leaders into the organization, especially those with the knowledge and conviction to drive change. Asking the right questions about the
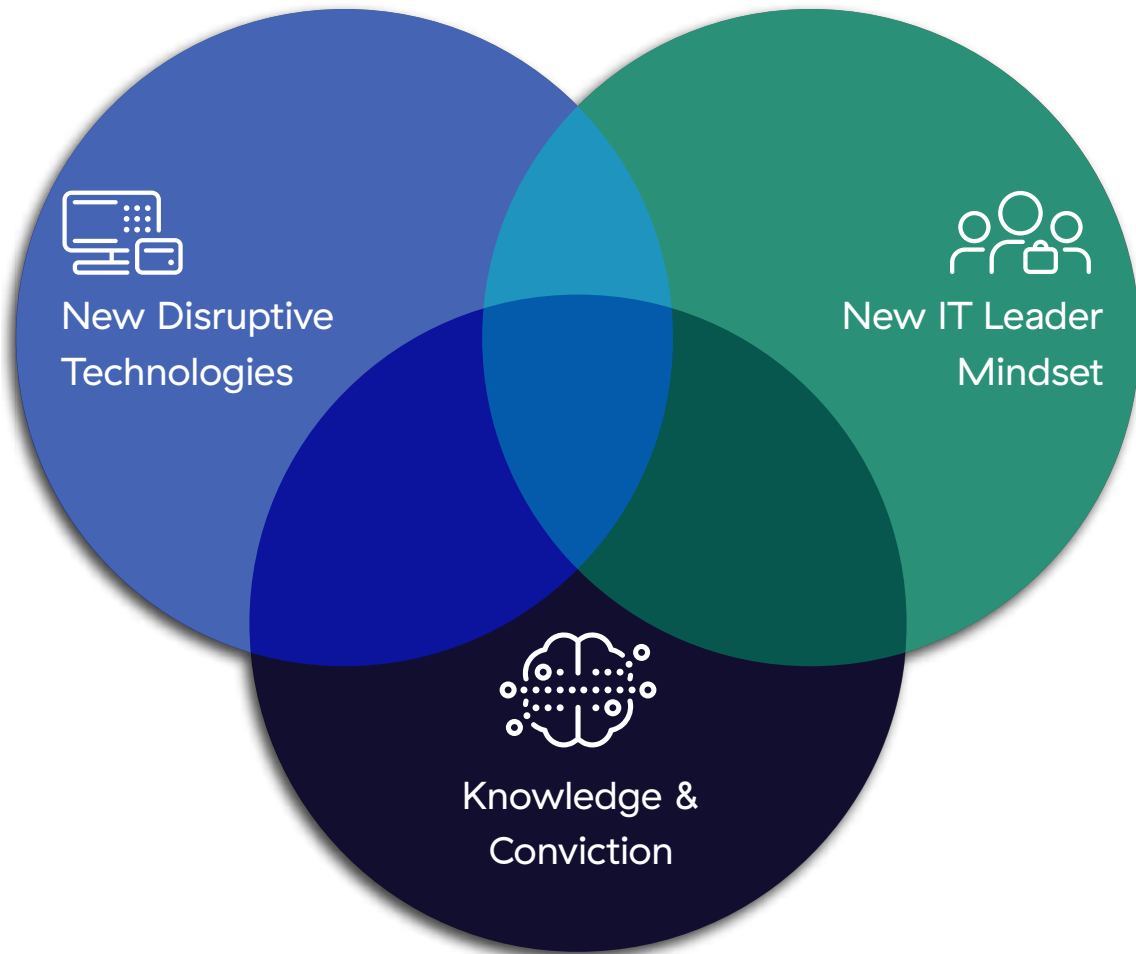
Figure 26: Changing minds by reframing security conversations from the vantage point of business risk and enablement.

progressive mindset and advanced knowledge about new technologies like zero trust, along with net IT leader mindset and knowledge/conviction, is a powerful combination in driving change.

The organization's IT department will no longer need vendor-specific skills for technologies replaced by cloud-based zero trust architecture. Instead, tech professionals will need

skills associated with the new environment. Fortunately, many IT professionals are accustomed to adapting to the changing demands of technology and willing to re–skill as necessary. You could also take a proactive approach by asking if your organization invests to upskill IT workers as new technologies are being adopted.

Finally, the board's oversight role needs to recognize that a general education of the organization's employee base is critical. The most popular and successful forms of cyberattack involve tricking employees. Improving the cyber awareness of your company's entire employee base offers monumental returns on reducing risk, and must be a high priority. Therefore, it is important that the executive management aligns objectives, behaviors, and incentives to ensure that employees are vigilant, aware, and don't fear reporting observations.

> **The most popular and successful forms of cyberattack involve tricking employees. Improving the cyber awareness of your company's entire employee base offers monumental returns on reducing risk, and must be a high priority.**

Overcoming organizational challenges

The siloed structure of IT departments can present its own challenges to adopting zero trust. Departments often have responsibilities aligned with a specific IT function, such as applications, network, or security. While this division makes sense when mapped on an organizational chart, it leads to ambiguity and problems in practice. When a cloud app is performing slowly, whose responsibility is that? An employee is unable to check work email on their new phone – is this an app, network, or security problem? Organizations can find numerous ways to address these conflicts and assign responsibilities, but there is no standardized approach.

The problems created by siloed IT departments only intensify when large technology initiatives are underway. Fortunately, when done correctly, the zero trust framework can be an elegant solution for fostering collaboration and removing role ambiguities, as it involves networking teams, security teams, endpoint teams, as well as active involvement from the C–suite. As a board member, it is important to ensure that senior executives foster the changes required to minimize cyber risk, and this involves the removal of silos and promoting collaboration.

Your executive management should ask these questions to avoid post–transformation role ambiguity:
- Who is responsible for setting and controlling access policies?
- Who is responsible for maintaining secure connectivity?
- Who is responsible for configuring and monitoring the security policy?
- Who is responsible for ensuring user access policies are up to date, and permissions are not simply accumulating over time?
- Who is responsible for making sure users, devices, and accounts are consistently complying with zero trust policies and procedures?

It is possible some of these responsibilities will require cross–collaboration between members of the siloed tech departments. For example, members of the applications team and the security team may need to work together to craft user access policies and deploy them in a cloud environment. However, knowing who will be responsible for what ahead of time will make the transition easier for all involved. Board members should push for cross–collaboration in the traditional "siloed" IT organization or a new organizational structure that avoids the ambiguities of ownership altogether.

Key Takeaways:

- Non–technology factors are equally important as technical factors when managing cyber risks.
- Since changing culture and mindset are crucial, it is useful to embrace security changes by reframing the discussion around business risk reduction and enablement.
- Oversight of process optimization means understanding maturity levels, conducting regular assessments, ensuring training is provided, having incident response playbooks, and reporting regularly.
- Providing oversight of skill sets adaptation ensures board members and executives have necessary skills, but also entails retraining IT staff and educating all employees.
- Oversight of the removal of organizational challenges (IT silos) fosters collaboration and clarifies responsibilities between departments for initiatives like zero trust.

STEP 6

Overcome Obstacles

Challenges of overseeing cybersecurity change

Why is this step important?

Board members that help advise an organization to execute a cybersecurity transformation may encounter obstacles, similar to a board's oversight on other major change initiatives. These common challenges, if not addressed at the board level, can derail the organization's time–to–value on cyber–related efforts.

What should the board do?

Many common challenges that organizations face in influencing an organization through cybersecurity transformational change can be navigated through minimal changes in training, education, and oversight processes with responsibilities spread across the board of directors.

Figure 27: Six common obstacles that boards often face.

Scarcity of board–level cyber expertise

Many boards lack experience in cybersecurity as members traditionally can come from non–technical backgrounds. This makes oversight and engagement on cyber–related matters difficult, particularly with understanding related risks and making recommendations.

Truly grasping organizational cybersecurity involves a combination of:

- Understanding the organization's cybersecurity strategy and cyber threat landscape.
- Understanding the cyber–related shortcomings and vulnerabilities of the organization.
- Having a clear baseline for assessing dynamically changing external threats.

Dedicated, focused time with the CISO/CIO/CRO and other executives involved in cyber–related initiatives can provide a large portion of this knowledge. Content providing a full picture of the cybersecurity strategy and gaps in the organization is especially useful when presented with a relatable focus on enterprise risk, severity, and loss. While briefings from the CISO provide great insight into cyber topics, there is no substitute for impartial, external expertise. Board–based training and certifications on cyber subjects create a strong baseline for understanding security concepts. Staying current with independent news sources that cover cybersecurity issues will also foster a better understanding of the space.

Board–based training and certifications on cyber subjects create a strong baseline for understanding security concepts.

Lack of board cyber expertise being addressed

Recent research[16] by The CAP Group revealed that 90% of Russell 3000 companies lack a single board director with cybersecurity expertise, highlighting a significant skill shortage among those with board-level expertise.

But the trend is shifting. In 2021, 17% of the 449 Fortune 500 companies that appointed new board members selected people with cybersecurity experience, up from just 8% in 2020. (See 'Heidrick & Struggles' Board Monitor.[17])

Limited understanding of the complex cyber threat landscape

The cyber threat landscape is constantly evolving, and it is difficult for boards to keep up with the latest threats and trends. The reality is that your organization has to continually improve its cyber risk practices and monitoring in order to truly manage both the cyber risk and overall risk impacts to the organization. Board members need to have a high level of confidence in how their organization adapts to changes in the cyber threat landscape.

Set expectations with the CISO that they need to be clear on where vulnerabilities exist and the efforts required to reduce risks for the organization. This will aid in getting the appropriate executive-peer support required to make changes. It is more likely the executive team will rally attention on a cyber threat that has clear and specific business impacts. Board members have been able to influence improvements in how the organization is prioritizing the cyber risk transformation efforts by bringing the required urgency and focus to the full board and

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16 (2023, June 6). CISOs as Board Directors. CAP Group. https://www.thecap.group/post/cisos-as-board-directors
17 (2022, June 6). Cybersecurity expertise creeps onto Fortune 500 boards. CIOdive.com. https://www.ciodive.com/news/fortune-500-boards-cybersecurity/626650/

executive team. This in turn leads to solving for the biggest known cyber threats, which are typically raised by the CISO.

Limited board resources to focus on cybersecurity

Directors may find it difficult to devote time and focus to cybersecurity discussions. This makes it challenging for other leadership to encourage an organizational focus on comprehensive cybersecurity measures.

However, the potential damage a successful cyberattack can inflict warrants security issues becoming a regular topic of boardroom discussions. These talks should include recurring updates from audit and risk subcommittees (or equivalent groups). Not having a consistent method to understand the current state of cyber in the organization is extremely risky, given the all–encompassing impacts a cyber event can have on business operations, financial stability, and brand reputation.

To maximize the effectiveness of cyber updates, set expectations that reports presented to the board focus on the most critical issues. Updates should cover the following points:

1 How the organization is ensuring it can identify, detect, and respond to current and future threats.

2 Improvements needed to rectify the greatest cyber risks.

3 Ways to minimize vulnerabilities until a long–term solution is in place.

Figure 28: Board members should expect the following updates from management.

Board members in the audit and risk committees should bring attention to the cybersecurity risks and needs of the organization by informing the broader board of directors. For example, is the board confident the organization is financially prepared for the repercussions of a

cyber incident? Are the major business innovation and growth initiatives reviewed for potential cybersecurity risks? A board can properly incorporate cyber awareness into their processes by setting a standard for how and which cyber-related updates are provided. Setting a strong expectation for cyber risk considerations being part of committee reports ensures the topic is interwoven into all other conversations that come before the board.

Lack of full visibility into the effectiveness of their organization's cybersecurity

No board can have full visibility into the effectiveness of their organization's cybersecurity. You can get better visibility through regular interaction with the CISO and eliciting external assessments. Having your CISO present the ins and outs of organizational cybersecurity processes will provide additional confidence in the current state and future of initiatives.

> **As a board member, encouraging the organization to take the time to conduct a true cyber risk posture assessment has served as a best practice for many to uncover new challenges and reformulate the current cyber risk as it relates to enterprise risk.**

Also, take time to check in with your CISO and have them explain where they are putting their focus. Over half (51%[18]) of cybersecurity professionals are kept up at night by the stress of the job and work challenges. A CISO fully focused on blocking and tackling efforts, moving from threat to threat, gap to gap, may never see the "birds-eye" view of the organization's cyber position. As a board member, encouraging the organization to take the time to conduct a true cyber risk posture assessment has served as a best practice for many to uncover new challenges and reformulate the current cyber risk as it relates to enterprise risk.

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18 (2021, September 8). Stress and Burnout Affecting Majority of Cybersecurity Professionals. Infosecurity Magazine. https://www.infosecurity-magazine.com/news/stress-burnout-cybersecurity/

Minimal understanding of third–party risks

The risks involved with third–party individuals, vendors, and partners can be easily overlooked or even mistakenly placed into a lower–risk category when creating the current and future cyber view.

Many organizations rely on third parties for critical services. It can be challenging for boards to inject proper oversight on the cybersecurity risks associated with these relationships. Outside parties represent one of the greatest cyber threat exploitations to your organization, mostly
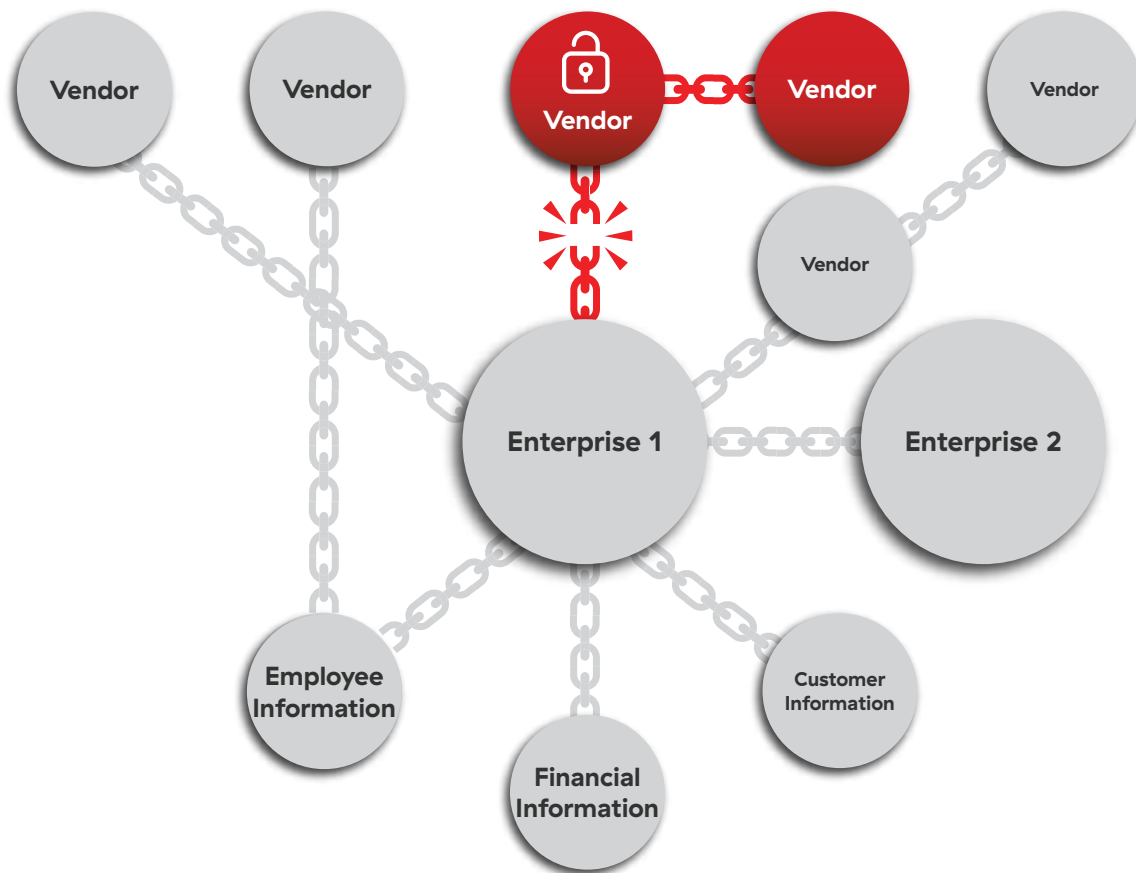

Figure 29: Risks presented by a third party, like a vendor, may pose challenges beyond the board's or management's control.

due to the fact that their vulnerabilities are beyond your control. A major cyberattack on a third party can take down an entire ecosystem of interconnected organizations, as was the case in the highly-publicized SolarWinds hack.[19]

Third-party risks encompass any outside individual or organization that has access to the technology systems and connected equipment of your organization. While you cannot trust another organization's cyber posture, you can limit the access vendors have to your infrastructure. By controlling vendor's access to your information and systems, you can prevent bad actors from infiltrating your organization through third parties. This concept is a foundational aspect of a zero trust strategy.

While you cannot trust another organization's cyber posture, you can limit the access vendors have to your infrastructure.

Make it a point to inquire about and encourage conversations on third-party risk during board updates. While going through any type of organizational transformation, discover which third-party risks need to be addressed, and take steps to protect your organization.

Complexities in navigating legal and regulatory cyber expectations

It is difficult for boards to oversee cybersecurity initiatives due to the complex legal and regulatory landscape related to the field. Understanding your legal responsibilities under national and local regulations is important. This should include knowing the scope of the board's day-to-day responsibilities under normal conditions and during a major cyber event.

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19 TechTarget (2023, June 27). SolarWinds hack explained: Everything you need to know. WhatIs.
https://www.techtarget.com/whatis/feature/SolarWinds-hack-explained-Everything-you-need-to-know

You will manage the cyber regulatory environment better if executives and the internal and external legal council regularly update the board on their legal obligations.

As a director, your broad oversight will be vital for ensuring the organization identifies and addresses relevant cybersecurity and legal considerations. Cyber risk transformation can be daunting, and serious problems may arise if these legal and regulatory obligations are not met during the journey.

Cultivate cyber awareness throughout the executive team so they can drive a top-down promotion of cybersecurity thinking to each organizational silo.

A best practice for board members is to clearly understand who owns the cyber risk in the organization, and ensure it is not the sole responsibility of the CISO. Cyber risk is so critical that ultimately the CEO carries the responsibility. They can then delegate tasks to the CISO, CIO, CRO, and other members of the executive team. Organizations who divide cyber risk management responsibilities keep the overall risks more at the forefront, keep accountability with cyber transformation, and place importance on stronger management oversight. Cultivate cyber awareness throughout the executive team so they can drive a top-down promotion of cybersecurity thinking to each organizational silo. This will go a long way toward improving your resilience to cyberattacks and minimizing the related business risks.

Key Takeaways:

Seven Steps for Corporate Boards to Manage Cyber Risk

1 Get on "Board" → 2 Prioritize → 3 Assess → 4 Understand Technology ← 5 Address Non–technology Factors ← 6 Overcome Obstacles ← 7 Measure & Repeat

- Boards often lack cybersecurity expertise, making oversight difficult. Focused training and independent sources can build knowledge.
- The threat landscape evolves rapidly. Boards need confidence the organization adapts to new threats. Updates should focus on critical issues.
- Cybersecurity should be a regular boardroom topic. Audit/risk committees should inform the board of cyber risks.
- Boards can validate understanding of cyber risk through regular assessments. Check in with the CISO on focus areas.
- Organizations must manage third–party risk. Boards can seek to understand legal obligations of cyber risk and ensure risks are addressed broadly across the organization.

STEP
7

Measure and Repeat

Benefit analysis and continuous improvement

Why is this step important?

Managing cyber risk is a continuous journey that requires the repetition of steps 1–7 as the organization changes, the threat landscape evolves, business needs change, etc. Moving towards zero trust is a big step toward the minimization of cyber risk, but it is not a one-and-done process.

What should the board do?

Board members should continuously reassess risk, influence technology and non-technology factors, overcome obstacles and finally, measure the impact of change. And, once your organization has started its zero trust journey, it is time to quantify the benefits you have achieved, specifically around cyber risk mitigation.

The most important metrics will be the ones that your organization can cite to justify launching risk mitigation strategies. Specific goals will vary among businesses, but there are a few common metrics that reliably provide a good starting point. These include measurements related to risk reduction, technology cost reduction, and operational efficiencies.

Specific goals will vary among businesses, but there are a few common metrics that reliably provide a good starting point. These include measurements related to risk reduction, technology cost reduction, and operational efficiencies.

Measuring risk mitigation gains is accomplished by comparing the effectiveness and coverage of your former security posture to current ones. Look at the in-depth risk assessment created at the beginning of your transformation and evaluate where each item stands now. With the movement toward zero trust, your organization will have robust protections against ransomware, phishing attacks, data loss, and insider threats. Each of these should be examined and quantified when estimating positive returns.

It is important not to overlook the severe costs that are avoided every day the organization remains secure. Consider the non-financial losses borne by institutions that have suffered a public data breach. These include the initial blow to brand reputation, loss of customer trust, impaired productivity, and data-related damages. For example, if important intellectual property is stolen, your organization could completely lose its competitive advantage. If your clientele's personal data is stolen, your customer base may never recover.

Estimating the costs of avoiding a breach is an imperfect science. However, some factors to consider are the cost-per-hour of malicious cyber events, loss of future business, brand damage, and customer churn. Add this estimate to the known, average costs of successful cyberattacks for an idea of how much you've saved by avoiding a breach.

It is also worth noting that successful cyberattacks can result in executives considering leaving their position (almost a third of all IT cybersecurity leaders based on research[20] from 2022). For small and mid-sized businesses (SMBs) the effects of a cyberattack are even more devastating. Forbes reports that 60%[21] of small companies go out of business within six months of a successful cyberattack.

> **Estimating the costs of avoiding a breach is an imperfect science. However, some factors to consider are the cost-per-hour of malicious cyber events, loss of future business, brand damage, and customer churn.**

20 TechTarget (2022, November 1). Nearly one-third of cybersecurity leaders have considered leaving their organizations. SC Media. https://www.scmagazine.com/news/nearly-one-third-of-cybersecurity-leaders-have-considered-leaving-organizations

21 (2022, August 16). Businesses Shutting Down Business. Forbes. https://www.forbes.com/sites/emilsayegh/2022/08/16/businesses-shutting-down-business/?sh=22d90a764cc6

Calculating Financial Impact of Cyber Risk and Benefit of Zero Trust Migration

Third parties often use a six–step methodology to calculate business risk and the effect of zero trust transformation:

Methodology to Calculate Business Risk and the Effect of Zero Trust Transformation

Current State Readiness Assessment

Conduct a current state capability survey to identify likelihood of experiencing a cyber event (see Step 3).

Current State Risk Measurement

Incident likelihood industry figure is adjusted by the output of the current state assessment to quantify an organization's odds of falling victim to a cyber event.

Technology Mitigation Factor

A mitigation factor is identified based on zero trust solution(s) under evaluation. Multiple solutions may provide in–depth defense for certain attack techniques.

Incident Likelihood & Cost Potential

Using independent industry data, a set of simulations can be conducted to determine the likely financial loss magnitude and potential probability of experiencing a breach in a 12–month time frame. Figures are based on annual revenue and industry.

Future State Risk Measurement

Using the current state and zero trust mitigation factors, the industry potential cost figures are reduced, establish–ing cost exposure based on the current state and future state security processes.

Overall Risk Measurement Impact

Future state cost exposure is subtracted from current state cost exposure to quantify potential cost savings driven by zero trust solution(s).
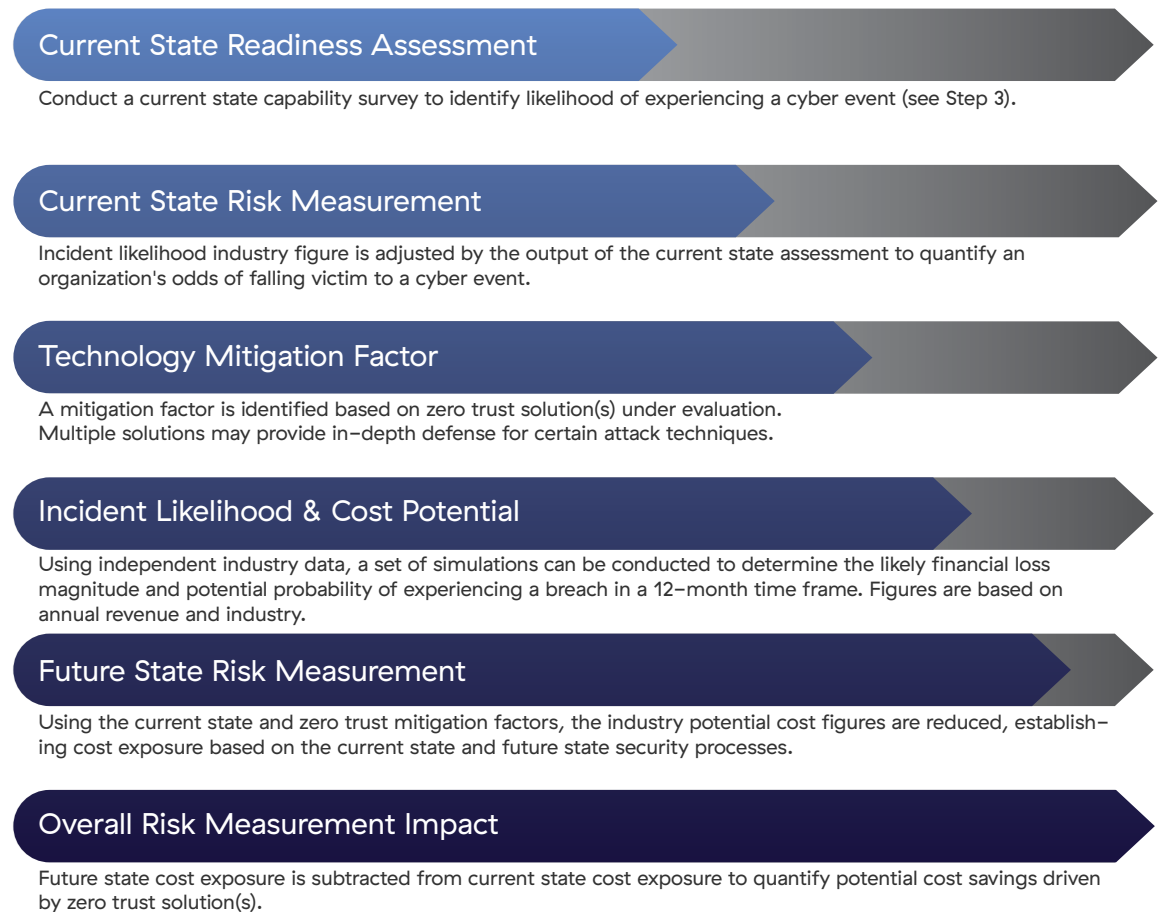
Figure 30: Guidelines for calculating the positive financial impacts of zero trust security

Example of risk mitigation with zero trust

In an example analysis of a multinational healthcare provider, the current state readiness assessment determined the customer has average current state security coverage (based on legacy architecture). Industry data indicated a cyberattack probability of 33% within 12 months. Simulation analysis estimated a potential loss of $2.4M, but that could be reduced to $360K with zero trust adoption. This resulted in more than $2M of potential risk mitigation for the customer.

Since the strategies outlined here are not taken in one fell swoop, it is important to view cyber risk mitigation as a continuous journey:

Cyber Risk Oversight as a Continuous Journey

Reprioritize

Some on the board may believe that the initial cyber exercise was enough, but these strategies must remain top of mind.

Continue to overcome obstacles

Adapt to new obstacles as they arise.

Reassess cyber risk posture

Changing threat landscapes, corporate structure (M&A), and executive leadership will require that posture be reassessed continuously.

Continue to influence technology

Technology changes, even the migration to zero trust, is a step by step process, so it must be ensured that work does not stop at the beginning—zero trust, both as a technology and mindset, must become core to the organization.

Continue to address non–technology factors

Continue influencing the culture, training the board/C–suite/IT and employees, and addressing silos in the organization.

Figure 31: Cyber risk oversight is a continuous journey.

Key Takeaways:

Seven Steps for Corporate Boards to Manage Cyber Risk

1. Get on "Board"
2. Prioritize
3. Assess
4. Understand Technology
5. Address Non-technology Factors
6. Overcome
7. Measure & Repeat

- Organizations must conduct continuous risk assessments to identify evolving threats as the organization changes, comparing the risk evolution back to initial assessments.

- Organizations can quantify benefits of zero trust migration through methods of risk reduction, cost savings, and operational efficiencies. Estimated costs avoided by preventing breaches can be a key metric for boards to understand.

- Boards should seek to have data provided to them that calculates the cyber risk financial impact using simulations based on likelihood of cyber events, potential losses, and risk mitigation from zero trust.

- Boards should encourage the reprioritization of cyber strategies, the reassessment of risk posture, continually influence cyber importance within technology and overall culture, and encourage ability to adapt to new obstacles.

- Managing cyber risk is an ongoing process for organizations requiring repetition of assessment, implementation, and measurement of zero trust initiatives.

Cyber Risk Oversight Cheat Sheet

Board members and management should work together to address the following:

Step 1 – Get on "Board"

- ☐ Understand your organization's technical capabilities and processes
- ☐ Evaluate your organization's exposure to cyber risks
- ☐ Focus on cybersecurity as part of the broader risk agenda

Step 2 – Prioritize

- ☐ Acquire general understanding of cyberattacks
- ☐ Understand how cyber risks threaten financial stability
- ☐ Realize how cyber risks present a clear, present, and growing danger

Step 3 – Assess

- ☐ Determine susceptibility to being breached
- ☐ Know your cyber readiness and maturity level
- ☐ Couple cyber risk assessment with financial impact analysis

Step 4 – Understand Technology

- ☐ Determine priority assets to protect
- ☐ Understand issues with legacy architecture
- ☐ Adopt a Zero Trust Architecture

Step 5 – Address Non–Technology Factors

- ☐ Consider business culture and mindset
- ☐ Optimize security processes and minimize IT silos
- ☐ Adapt employee skill sets

Step 6 – Overcome Obstacles

- ☐ Address board's lack of cyber expertise
- ☐ Understand the complex cyber threat landscape
- ☐ Gain visibility into organization's risk posture

Step 7 – Measure and Repeat

- ☐ Quantify benefits of risk reduction
- ☐ Calculate financial impact of cyber risks
- ☐ Continuously reassess and improve cyber posture

Glossary

Acceptable risk – The level of risk an organization is willing to take in order to achieve a desired result.

Attack surface – The points where an attacker can try to enter, affect, or take data from a system.

Beachhead – The initial access point used by an attacker to launch further attacks into a system.

Castle–and–moat security – An approach focused on perimeter defenses while implicitly trusting everything inside those defenses.

CISA – US government agency, Cybersecurity and Infrastructure Security Agency, whose publications include the Zero Trust Maturity Model.

Compromise – When an attacker infiltrates part of a system, like stealing user credentials.

Corporate network – The interconnectivity of an organization's systems and data.

Cyberattack – An event that negatively impacts an organization through unauthorized system access, data destruction, theft, modification, or denial of service.

Cyber controls – Controls that apply techniques to achieve cyber resilience objectives.

Cyber risk framework – An approach to managing cyber risk by applying standards, guidelines, and best practices.

Cybersecurity – Protection from cyberattacks.

Cyber threat – Any circumstance or event that could adversely impact an organization through its information systems.

Data – Information suitable for communication, interpretation, or processing by humans or machines.

Data breach – Unauthorized access and theft of sensitive information.

Data loss – Exposure of sensitive, proprietary, or classified information through theft or leakage.

Decrypt – Decoding encrypted data into readable form.

Divestiture – The sale of a portion of a company's assets or business.

Encryption – Encoding data so only authorized parties can access it.

Executive order 14028 – United States Executive Order on Improving the Nation's Cybersecurity was published by the Biden administration in 2021 that made recommendations on improving cyber, including the use of zero trust.

Exploit – Taking advantage of a vulnerability for malicious purposes.

External attack surface – Publicly accessible vulnerabilities allowing an attacker initial access to a system.

Hub–and–spoke network – A network topology where everything connects through a centralized data center.

IaaS – Infrastructure as a Service, cloud providers like AWS and Azure.

Implicitly trusting architecture – A network model that assumes anything connecting to it is trusted by default.

Insider threat – Data breaches caused by people inside an organization.

IoT/OT systems – Internet of Things and Operational Technology, like factory equipment.

Lateral propagation – The ability to move unchecked across a network after gaining initial access.

Least privilege – Granting the minimum access necessary to accomplish a task.

Multi–factor authentication (MFA) – Requiring multiple forms of identity verification, like biometrics.

Nation–state actors – Attacker groups sponsored by a government entity.

Network segmentation – The technique of dividing a network into smaller parts to enhance security.

Never trust, always verify – Denying all access by default and verifying each request before granting access.

NIST – US government agency, National Institute of Standards and Technology, whose 800–207 publication is a series of cybersecurity measures and guidelines highlighting the core components of Zero Trust principles.

Phishing – Fraudulent emails or communications pretending to be from a trusted source.

Private applications – Software resources hosted and managed internally by an organization.

Public applications – Externally hosted, software–as–a–service applications.

Ransomware – Malicious software that encrypts data until a ransom is paid.

Risk mitigation – Reducing cyber risks by taking preventative actions and controls.

Risk posture – The process of finding, recognizing, and describing risks.

Risk transfer – Transferring cyber risks to another party, like through cyber insurance.

SaaS – Software as a Service, applications hosted in the cloud.

Technical debt – The cost of remediating outdated or insecure technologies.

Third party – External entities like vendors, partners, and service providers.

Threat actors – Individuals seeking to breach or attack systems.

Transactions – Discrete interactions like accessing a file or application.

Traversable space – A network architecture where resources are openly accessible.

TSA – Transitional Service Agreement to provide temporary services during asset sales.

User authentication – Verifying the identity of a user, process, or device.

Virtual private network (VPN) – An encrypted tunnel for secure remote access to company resources.

Vulnerabilities – Flaws or misconfigurations that can be exploited by attackers.

Zero trust architecture (ZTA) – A model removing implicit trust by verifying each request and granting least privilege access.

About Zscaler

Zscaler (NASDAQ: ZS) accelerates digital transformation so customers can be more agile, efficient, resilient, and secure. The Zscaler Zero Trust Exchange™ platform protects thousands of customers from cyberattacks and data loss by securely connecting users, devices, and applications in any location. Distributed across more than 150 data centers globally, the SSE−based Zero Trust Exchange™ is the world's largest in−line cloud security platform.

Transforming today and tomorrow

Leveraging the largest security cloud on the planet, Zscaler anticipates, secures, and simplifies the experience of doing business for the world's most established companies.

Experience secure digital transformation

Zscaler accelerates digital transformation so customers can be more agile, efficient, resilient, and secure. The cloud native Zero Trust Exchange platform protects thousands of customers from cyberattacks and data loss by securely connecting users, devices, and applications in any location.

Zscaler has achieved incredible growth since its founding in 2007, and today exists to create a world in which the exchange of information is always secure and seamless. It's mission is to anticipate, secure, and simplify the experience of doing business—transforming today and tomorrow.

Zscaler By the Numbers

#1
in SSE Ability to Execute
Gartner MQ Leader

74
net promoter score vs.
average SaaS score of 30

250⁺
patents issued
or pending

40%
of the Fortune 500
are our customers

150
ZT Exchanges

300B⁺
requests per day

7B⁺
incidents prevented
per day

7K⁺
enterprise customers

Security is more than protection against threats

Fast, secure access to cloud resources is a key driver of transformation in today's cloud–first world. Using zero trust principles, Zscaler helps IT move away from legacy network infrastructure to achieve modern workplace enablement, infrastructure modernization, and security transformation.

- **Modern workplace enablement** – Provide employees, partners, customers, and suppliers secure access to applications from anywhere, on any device, always ensuring great digital experiences.
- **Infrastructure modernization** – Protect cloud workloads and cloud/SaaS data with zero trust connectivity, segmentation, and posture control.
- **Security transformation** – Provide zero trust internet access for IoT and OT devices and privileged remote access to OT devices.
- **Where threats stop and innovation begins** – Zscaler believes that security is the foundation for a more inclusive, connected, and empowered world.

By helping their customers anticipate, secure, and simplify the experience of doing business, your talent, expertise, and insight will ensure that today's brightest ideas become tomorrow's boldest innovations.

For More Information

Congratulations on becoming well–armed with the knowledge necessary to provide effective cyber risk oversight as a board member. The steps provided in this book create a path to navigating the challenges posed by the modern digital world.

The following resources are available for additional assistance:

CXO REvolutionaries

Created for CXOs by CXOs. Learn from IT leaders bringing a new wave of cloud– and mobile–first technology to major enterprises globally. The website publishes the latest insights by digital transformation pioneers and thought leaders.

Zscaler.com

Zscaler, creator of the Zero Trust Exchange platform, uses the largest security cloud on the planet to make doing business and navigating change a simpler, faster, and more productive experience.

Seven Elements of Highly Successful Zero Trust Architecture eBook

An architect's guide to the Zscaler Zero Trust Exchange.

The 7 Pitfalls to Avoid When Selecting an SSE Solution eBook

Tips for building SSE on a foundation of zero trust.

Seven Questions Every CXO Must Ask About Zero Trust

An executive's guide secure digital transformation and zero trust

Run an Attack Surface Report for Your Domain

What Board Members are Saying

"I recommend this guide as an excellent foundation for any board director. It is straightforward and pragmatic, capturing both the breadth of cybersecurity as a topic and how closely it is tied to multiple facets of business and risk at any enterprise."

Joanna Burkey / CISO at HP INC, DIRECTOR at OVERSTOCK and RELIABILITYFIRST CORP

"All in all – a wonderful read. It's a great way to frame the Cybersecurity issues."

Karen Blasing / BOARD MEMBER of AUTODESK, GITLAB and ZSCALER

"If you are a board member trying to get down the cybersecurity learning curve quickly, this book is a short read that is packed with the key steps needed to help ensure that cyber risks are being effectively managed and mitigated."

Eric Spiegel / BOARD MEMBER and SENIOR ADVISOR

"With the increasing impact of technology and digital transformation in the next decade, one of the greatest risks for enterprise is the increased threat of cybersecurity. It is simply not enough to delegate this importance oversight role to a technology expert in the boardroom. For all directors, this seven–step guide serves as a practical and comprehensive framework to mitigate risk and help ensure organizational preparedness."

Anna C. Catalano / BOARD DIRECTOR

"Cyber is a growing risk for all organizations. There is a critical need to bring expertise into every boardroom to oversee a company's culture and zero trust environment to mitigate the potential for a material breach. Cybersecurity: Seven Steps for Corporate Boards is a great place to start your thinking on this issue."

Catherine Lego / BOARD MEMBER of GUIDEWIRE, CIRRUS LOGIC